



Pawnee Nation Diabetes Program Open Gym Informed Consent Form

Open gym will be held Tuesday, Wednesday, & Thursday, March 16 -18, 2021, for Pawnee Middle School and High School Students in the Pawnee Nation Wellness Center Gym.

The undersigned hereby gives informed consent for my child to engage in a physical activity event called "open gym". There exists the possibility that certain detrimental physiological changes may occur during exercise. These changes could include (but not limited to) muscle injury and soreness, abnormal heartbeats, abnormal blood pressure and in extremely rare instances, a heart attack and even death.

The undersigned also hereby gives informed consent for the Pawnee Nation Diabetes Program to check blood sugar and blood pressure of my child for grant reporting purposes.

I have read this form and understand that there are inherent risks associated with any physical activity that my child participates in and recognize it is my responsibility to provide accurate and complete health/medical information. Furthermore, as the parent/guardian, it is your responsibility to monitor your child's individual health and fitness performance.

In the event of a medical problem, I further recognize that any medical care that may be required is my personal financial responsibility. I am also fully aware that the Pawnee Nation Diabetes Program is certified in first aid. The Pawnee Nation will not be held liable for any injury or death resulting from participation in any physical fitness program.

Participant Name

Date of Birth

Parent/Guardian Name

Parent/Guardian Signature

Date

Emergency Contact Phone Number: _____