

HISTORY AND PHILOSOPHY

The idea for a domestic violence program started at the grass-roots level and has grown to take a holistic approach to ending violence in our community. We journey through a healing process that begins to recognize, identify, and change generational trauma patterns and provide long term support. Ti-hirasa was named by respected tribal members and means “this one is first;” whether that is child, woman, or man, we want victims and survivors to know that their safety comes first.

PROGRAM OVERVIEW

We are a confidential support service that serves Pawnee County and the tribal jurisdiction. We serve all victims of abuse regardless of race, economic status, religion, or education background. Ti-hirasa is committed to stopping interpersonal violence and is dedicated to helping families end the cycle of violence that is frequently passed on from one generation to another. We seek to empower the victims of these crimes and to hold perpetrators accountable. We also seek social change through community awareness and client advocacy. We offer victims of domestic violence, dating violence, sexual assault, and stalking the tools to live a life free from abuse. We want to offer solutions and alternatives by providing assistance, promoting self-sufficiency, and offering critical support services.



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TI HIRASA

HEALING CENTER FOR DOMESTIC AND
SEXUAL VIOLENCE AND STALKING

24 HOUR HOTLINE
918-399-3310

TOLL FREE NUMBER
855-810-4144

CALL OR TEXT FOR IMMEDIATE ASSISTANCE

SAFETY FIRST

Safety is our top priority. At Ti-hirasa we work to foster a safe environment in which positive change can take place, while teaching critical safety planning for all ages. Your case manager will work with you immediately to identify further ways of enhancing your safety, as well as strategies for minimizing or escaping dangerous situations. We know you are the expert of your experience and we will help you create a safety plan that makes sense for your current situation.

AGENCY SERVICES

- 24-Hour Help Line
- Women's Group
- Education Classes
- Victim Support
- Children's Group
- Community Education
- Volunteer Opportunities
- Protective Order Information and Assistance
- Court Accompaniment and Support
- Transportation to Shelter or Other Relevant Appointments
- Employment/Financial Counseling
- Material Assistance
- Life Skills Classes

NATIVE WOMEN ONLY

- Emergency Victim Assistance
- Legal Assistance
- Traditional Healing Ceremonies

SHELTERING

Ti-hirasa partners with confidential shelters all around the state to provide victims with immediate rest, care, and lodging. Shelter is typically a 30-90 day stay in community living where they will provide food, clothing, and other necessities to both adults and children in crisis. You will be paired with a case manager that will help assist you get on your feet and obtain employment or income.

SAFESTAR SEXUAL ASSAULT RESPONSE

A Safestar is a specially selected woman who is successfully trained and qualified to provide emergency first aid, health care referrals, and forensic examinations to sexual assault victims. Immediate medical attention will be available in Pawnee County directly after a sexual assault crime has been committed. Safestars may also testify as "fact witnesses" or "eye witnesses" in court on your behalf if you receive this service.

CASE MANAGEMENT

This service is provided to support and empower you. Your case manager will work with you to develop a goal plan for self-sufficiency, which will guide your services and include any community referrals for outside services you may need. This may include transportation to court/other appointments, DV education classes, accompaniment and advocacy, crisis intervention, information/referrals, assistance in finding affordable permanent housing, job training, resume writing, and any other services to encourage you to live a violence free life.

CHU RAHIKUTS "BRAVE WOMAN" GROUP

Therapeutic group session is designed to offer healing and support for survivors of domestic violence, sexual assault, and stalking. Hands on activities will promote healing and character development. Our goal is to promote growth from survivor to advocate for this epidemic. Group is offered on the first and third Monday of each month; children's group and local transportation is also offered.

COMMUNITY EDUCATION

Ti-hirasa provides educational programs and workshops for schools and other groups about domestic violence, sexual assault, stalking, human trafficking, teen dating violence, and other related topics. Please contact us to come talk to your group today!

VOLUNTEER OPPORTUNITIES

Ti-hirasa offers opportunities for individuals to provide valuable services to victims, their families, and our community as a whole. Experiences may include cooking, baby-sitting, organizing donations, event assistance, and many other areas of service. An application, intake process, and orientation will be provided to each interested party. We would love to have you join our team!

LIFE-SKILL WORKSHOPS

Ti-hirasa offers on-site classes by professionals on topics designed to meet the needs of our participants. Topics include: Parenting, Couponing, Conflict Resolution, Budgeting, Healthy Boundaries, Historical Trauma, Court Preparation, Job Readiness, and more.