

OFFICIAL PUBLICATION OF THE PAWNEE NATION

CHATICKS SI CHATICKS

Men of Men



Pawnee Tradition honored by the Bravo/Pawnee Company
Articles on pages 3 and 4

Employees take to the streets to promote drug-free living
Article on page 17

December 2011 / January 2012

MESSAGE FROM THE PRESIDENT



Photo by Jamie Nelson

Let me start off by commending the Pawnee Nation for a progressive year. We have accomplished so much in 2011. Thank you to the Pawnee Nation Employees again for their continuous dedication and hard work. This past year's accomplishments proves that we can do great things by working together and with prayer from our Pawnee people.

The holiday season is here and I want to give best wishes to all our tribal members. This is the time to reflect on family and loved ones and to enjoy the presence and company of one another. This year has brought tough times with the loss of many loved ones, but we move on remembering the lives of those who have gone before us. We are a great nation and we have overcome grief through prayer and the kindness of our people. Throughout this year we have shown our love and compassion for one another; let's continue to be there for each

other and help those who are in need.

In the month of October the Pawnee Nation exchanged colors with the 486th Battalion of the United States Army that was quite memorable. The Pawnee name will be carried into the future and if they are called back into battle our name will go with them. We are truly honored and hold these men and women in high esteem as they represent what our nation stands for.

Also as we honor our Veterans on Veteran's Day, we remember all those who have paid the supreme sacrifice and fought for our country and our freedom. Take the time to thank our men and women in uniform. We salute you.

Thank you to Lillian Sparks, Commissioner of the Administration for Native Americans, for sending out a letter recognizing the contribution of Native Americans and their service to the United States. Thank you for honoring our Veterans.

As Christmas approaches let us not forget the reason why we celebrate, the birth of our Lord and Savior Jesus Christ, for it is through him and his comfort that we have made it through these tough times. Though we may struggle, we can always remember we can turn to the Lord and he will guide and direct us in the right path.

I also would like to wish everyone a happy New Year. As we take a step forward, let's take those footsteps to the road of success so we may achieve our goals of prosperity for the Nation and the Pawnee People. Our main emphasis is that we are the Greatest Nation in the United States and we can overcome many obstacles. Remember to think positive and instill in our children good and we will go far.

In closing, let us keep in our prayers the families in need, those in mourning, especially our elders and Veterans. We wish everyone a wonderful Christmas and look forward to the upcoming New Year.

PAWNEE BUSINESS COUNCIL MEMBERS

President:
Marshall Gover

Vice President:
Charles "Buddy" Lone Chief

Secretary:
Linda Jestes

Treasurer:
Roy Taylor

Council Seat 1:
Richard Tilden

Council Seat 2:
Karla Knife Chief

Council Seat 3:
Jimmy Fields

Council Seat 4:
Carol L Nuttle

Chaticks si Chaticks

Pawnee Nation
Communications Manager
Toni Hill

Media Contact:
communications@pawneenation.org

Cover: (1 to R) 1SG Daniel Gilliss, B Co 1SG; Mr. Charles A. Lone Chief Jr., Pawnee Business Council (PBC) Vice-President; SPC Pearle Hare, Mr. Marshall Gover, Pawnee Nation President; LTC Paul Gass, 486th BN CDR, Mr. Richard Tilden, PBC Council Seat 1 Representative; CPT Thomas Rains B Co CDR. Picture taken at the Color Exchange of the 486th Battalion of the United States and Pawnee Nation.
Photo and design by Toni Hill

December 2011/January 2012



Education

Free General Educational Development classes are ongoing until December. Classes are held on Tuesdays and Thursdays from 5 - 8 p.m. in the Cultural Learning Center. For more information, contact Chris Hill, Youth Service coordinator at (918)762-3227.

Pawnee Nation College

Classes are currently in session. If you would like to enroll, contact Marcy or Staci at (918) 762-3343.

Health

Substance Abuse Program (SAP)

Every Wednesday of the month, the SAP support group meets from 7 - 8 p.m. in the SAP building. For more information, call (918) 762-2153.

Title VI Senior Nutritional Meals Program

Every Tuesday and Thursday the Diabetes Program provides blood sugar and blood pressure checks from 11:30 a.m. to 12:30 p.m.

A caregiver support group meeting is also held monthly to provide those who are caring for an elder with assistance and resources. Refreshments and door prizes are provided.

Every other Thursday from noon to 1:30 p.m., Elder's Bingo will be held at the Title VI Dining Room.

Every other Wednesday from 11:30 a.m. - 12:30 p.m. the elders will host a raffle and auction at the Title VI Dining Room. For more information, please contact the Title VI Senior Program at (918) 762-4042.

General:

Dec. 15 - A Tribal Community Planning meeting will be held in the Roam Chief building. The event will begin at 5:30 p.m. with a meal. Tribal input is requested. For more information, contact Ted Moore at (918) 762-3621.

Dec. 25 - Veterans Christmas Day Dance at the Roundhouse. For more information, call (918) 762-3621.

KEEPSEAGLE SETTLEMENT DEADLINE

The cutoff date to file claims under the Keepseagle Native American Farmer/Rancher Settlement is Dec. 27, 2011. This applies to Native American farmers and ranchers who applied for farm loans or loan servicing from the USDA between 1981 and 1999 and did not receive the services. A representative will be at the Multi-Purpose building Dec. 14 - 15. For more information, please contact the Keepseagle Claims administrator at (888) 233-5506 (toll free).

Pawnee Tradition honored by the Bravo/Pawnee Company

By Toni Hill

Communications Manager

Pawnee translation by Warren Pratt Jr.



Members of the Bravo Company 486th Civil Affairs Battalion of the U.S. Army.

Hi<oo <etskookee seehuks <a<akita i<eehu<atakus Tulsa. Pawnee akeeta<oo ti wu i<itaku <eetsawee'oo aki<iweeha'u kaa'atoo Pawnee akeeta<oo he Bravo Company 486th Civil Affairs US Army <ati<ee <atihuu<oo kaa'atoo ti<i<i tihaasa Pawnee Company.

Hi<i<u ahiwaku <isa<oo Marshall Gover <ahawi]oo, "Ta<a <akoo ka<a ha<a kituu wisoo<oo. Attias ajikska pakis."

I<i wetut]i<ow.

English Translation

On Oct. 15, in Tulsa, the Pawnee Nation and Bravo Company 486th Civil Affairs Battalion of the U.S. Army exchanged flags in a ceremony.



Members of the Bravo Company 486th Civil Affairs Battalion of the U.S. Army visit with Charles A. Lone Chief Jr., Pawnee Business Council vice-president.

Pawnee President Marshall Gover expressed his pride and thankfulness for all current and past servicemen and women.

Note: When reading audibly, the < = L, R, or D sounds and] = ts or ch sounds. This differs from an earlier translation that uses an R and TS.

Pawnee Tradition honored by the Bravo/Pawnee Company

By Toni Hill
Communications Manager



Photo by Toni Hill

President Gover addresses member of the Bravo/Pawnee Company and their comrades.

A ceremony was held on Oct. 15 to honor the decision of the Bravo Company 486th Civil Affairs BN of the U.S. Army to alter their name to reflect Pawnee tradition.

Other units include the Alpha/Apache, Charlie/Comanche, HQ/Seminole and the Delta/Dakota.

The Bravo/Pawnee Company presented a plaque to the Pawnee Nation during an official ceremony held at the Tulsa Armed Forces Reserve Center. During this time, Pawnee Nation President Marshall Gover honored the soldiers with a

flag representing the Pawnee Tribe. A Cedar Ceremony was conducted by Jason Campos and Allen Moore.

SFC David Murphy, team sergeant with the Bravo/Pawnee Company, provided some background about the regiment. The 486th Civil Affairs Company started in July of 1955 as a U.S. Army Reserve unit based in Tulsa, Okla. and serving primarily on overseas missions.

Since 9/11, the 486th Civil Affairs Battalion has been involved in Operation Iraqi Freedom, Operation Enduring Freedom and Operations

in the Horn of Africa.

A member of the command, Specialist Pearle Hare, is the daughter of Karen Haymond, enrollment assistant for Pawnee Nation, and Walter Hare, Yankton Seneca. Hare's son, Ian Ralph Cramer, is 7 months old.

"We chose the Pawnee Tribe due to the rich history and because we identify with the members as warriors fighting for freedom," said 1st Sgt. Daniel Gilliss.

"As my team researched the different tribes, the main thing that caught our interest in Pawnee was the Tribe's history of battle and the members' abilities to successfully combat hostile forces to protect their families and lands."

Native American soldiers have helped defend the freedoms of many from the time of the American Revolution up to the most current battles including Operation Iraqi Freedom.

As shared by Addison Erwin Sheldon in his publication, *History and Stories of Nebraska*, around 1864 the Pawnee Chiefs formed a military alliance with the United States and allowed men to serve as Pawnee Scouts under the leadership of Major Frank North.

Among other assignments, these men initially offered protection services for the Union Pacific Railroad. The Scouts performed this assignment with honor and counted the defeat of a Cheyenne war party that had derailed a train at Plum Creek among their many conquests.

As stated in the book, *U.S. Army Frontier Scouts 1840-1921* by Ron Field, the Pawnee Scouts were one of the most triumphant Indian reserve regiments.

The four bands of the Pawnee Nation include the Chaui or Grand Pawnee, the Pitahauerat or Tapage Pawnee, the Kitkehahki or Republican Pawnee and the Skidi or Wolf Pawnee.

"On behalf of the Pawnee Nation, I'm very honored to be represented by the brave men and women of the Bravo/Pawnee Company," Gover said.

"It's truly a privilege to be associated with individuals that carry such honor and pride. I'm also proud of our Tribe members that have either previously served or who are currently representing our Country. I ask that all Tribe members keep these men and women in their prayers as they stand ready to fight on behalf of our Nation."

Employees Club promotes relationship building and outreach

Submitted by Toni Hill
Communications Manager



Photo by Toni Hill

Brian Seigle congratulates Cameron Soxie, winner of a HP laptop in a recent raffle.

The Pawnee Nation Employees Club promotes personal and professional relationships among Pawnee Nation employees and their families through activities geared for social interaction. The members also support local community and charitable organizations such as the Pawnee High School Quarterback Club.

Benefits of association include access to an Employee Emergency Fund. Members also offer bereavement support in addition to organizing farewell and retirement parties. Other activities include birthday celebrations, Easter egg hunts, summer employee picnics and Freight Fest at Frontier City. Future endeavors include involvement in the Christmas Angel Tree.

The Club also sponsored a Halloween Decorating Contest. First place champions, Health and Community Services, received the Blue Plate Special at StoneWolf. Second place winners, the Executive Office, enjoyed a pizza party and third place victors, Title VI Program, dove into mountains of ice cream.

The club is open to all employees with a monthly fee of \$5, which is automatically deducted from the first, pay period check.

"At Pawnee Nation we take great pride in our work, our efforts in the community and our co-workers," said Brian Seigle, IT application support specialist. "We also have a lot of fun and invite others to join the Club."

Seigle serves as president, Cynthia Butler is the vice-president and treasurer and Crystal Windholtz functions as the secretary.

For more information, contact Brian Seigle at (918) 762-9621 ext. 23.

Pawnee Warriors remembered and honored

By Lillian A. Sparks
Commissioner for ANA



Photo by Toni Hill

Veterans were honored during the recent Pawnee Nation Veterans Day Dance. Walter Echohawk (center) manifests the Warrior pride.

Dear Family and Friends,

As Veterans Day approaches, I would like to take a moment to reflect upon the ultimate sacrifices Native American veterans have made here at home and abroad in harm's way. They, and all their brothers and sisters in arms, deserve our greatest respect and support. It is through their efforts and sacrifice that we all live secure and free.

Historically, Native Americans have a higher percentage of their population serving in the American military than any other ethnic group. There are many factors why so many native people choose to serve their country, not the least of which being the tradition many

can men and women have participated with distinction in the US military for more than 200 years. Their courage and determination were recognized by American military leaders as early as the 18th century. During the American Revolution, the War of 1812, and the Civil War, scouting skills of American Indian soldiers were employed. In 1866, the Indian Scouts were established by the U.S. Army and were an integral part of the Army until 1947. In the early war period, 16 American Indians were awarded the military's highest honor, the Congressional Medal of Honor. When World War I erupted, young native men enlisted in surprising num-

bers considering American Indians had not yet been granted U.S. citizenship. Nearly 12,000 Native Americans served during this war, and four native men were awarded France's highest military honor for valor.

The number of Native Americans serving in the military remained high during World War II, even when the social climate was such that they were not allowed inside businesses in many reservation border towns in the Southwest and Plains states.

Despite experiencing discrimination and prejudice, Native Americans proudly displayed portraits of young men in uniform in their homes during this period.

More than 44,000 Native Americans, out of a total native population of less than 350,000, served with distinction between 1941 and 1945 in both Europe and the Pacific. Six Native American men earned the Congressional Medal of Honor for their service during WWII. Ira Hayes, a Pima Indian from Arizona, was one of six Marines to raise the flag on Mt. Suribachi in Iwo Jima.

The Navajo, Lakota, Comanche, and Kiowa languages, to name a few, were used to code messages in Pacific operations. Praise for the "code talkers" skill, speed, and ac-

curacy accrued throughout the war. Their skill and courage saved both American lives and military engagements.

Three out of the 10,000 Native Americans who served during the Korean War were awarded the Congressional Medal of Honor. More than 50,000 Native Americans served in the Armed Forces during the Viet Nam war, many were volunteers. Several of the 3,000 Native Americans serving in the Gulf War lost their lives, including Lori Piestewa, a Hopi Indian from Arizona, who died in the ambush in which Jessica Lynch and her compatriots were captured. Squaw Peak in Arizona was officially re-named Piestewa Peak in her honor.

If you are a Native American veteran, thank you for watching over and protecting us. The sacrifices made by you and your families to keep each of us and our country safe will never be forgotten. For those who are not veterans, I encourage you to join us in sharing our deepest respect and appreciation for those who have served to ensure our freedom and security.

Wopila (Thank You),
Lillian A. Sparks
Commissioner
Administration for
Native Americans

NEWS FROM THE OFFICE OF HUMAN RESOURCES

The Pawnee Nation of Oklahoma would like to welcome and congratulate the following staff members.

Angela Thompson was selected as Health & Community Services Division Director. Ms. Thompson began her new position on Oct. 10, 2011.

Anita Fields was selected as CHR Administrative Assistant/Driver. Ms. Fields began her new position on Nov. 7, 2011.

Linda Beard was selected as Administrative Assistant/Utilities Clerk. Ms. Beard began her new position on Oct. 31, 2011.

Louise Stevens was selected as a Receptionist/Assistant. Ms. Stevens began her new position on Nov. 14, 2011.

**PAWNEE
NATION**
*welcomes
and
congratulates*

Construction update for the U.S. 64 entrance to Tribal Complex

by **Toni Hill**
Communications Manager



Materials used to create the new bridge.

Phase One of the construction of a bridge over Black Bear Creek by Oklahoma Bridge Contractors from Edmond, Okla. is now under way. This segment will involve the creation of the bridge leading to Phase Two, pavement construction. This structure will eventually link the

Administrative Complex and the Indian Health Services Center to U.S. 64 East.

This project had sparked discussion for more than decade due to a need for additional access to the Pawnee Nation Reservation that includes Indian Health Services,

Pawnee Nation headquarters, Pawnee College and other tribal offices.

Currently, the only routes to the Tribal lands utilize the green bridge located on East Harrison that turns into Agency road and Morris road that can be blocked due to railroad usage.

Brawley Engineering Inc. designed the new entry following specifications required by the

Federal Highway Administration to ensure established federal standards. One area of focus included ensuring that the project allowed for proper water disbursement to avoid flooding.

“This project was not designed to compromise existing business

revenue for Pawnee,” said Cecil Riding In, Pawnee Nation transportation director. “However, based on the number of commuters that currently use the existing pathways, more than 2,700 cars daily, the Pawnee Nation felt that another option was necessary to ensure safe and unrestricted travel while serving the tribal reservation.”

Projection completion is targeted for September 2012. Very little inconvenience is expected regarding day-to-day operation although travel within the work area is prohibited due to the use of heavy equipment for clearing and dirt work.

“We would like to thank the citizens of Pawnee for their support,” said Jim R. McCormick, project manager. “This development could also ease traffic burdens on existing venues of travel without having any known negative effects on business revenue.”

Any concerns regarding the construction should be directed to the transportation office at (918) 762-3655.



Photo by Cecil Riding In

The locations of additional passage to the new bridge allowing for increased travel venues.



Photo by Cecil Riding In

The newly constructed bridge will allow for greater access.

Pawnee Pakoo renovation complete and expansion project underway

By Marilyn Feathers
Learning Center Coordinator



Photo by Deanna Whitten

The children receive new insights into education as they observe the construction of their new facility.

The Pawnee Pakoo renovation project is complete and all of the children and staff have been moved into the facility.

“The project made a new entrance into the center, replaced tile on the floors, painted the walls, added a work room and made a new en-

try into the office,” said Marilyn Feathers, Learning Center coordinator. “It looks great!”

The renovation replaced the Early Learning Center that housed infants and wobblers enrolled in the Pawnee Pakoo program. This program is for 3 and 4-year-old Native American children preparing for kindergarten.

The renovated area is located in the Wellness Center. The Pawnee Pakoo staff seem to be enjoying their new learning environment. They have much larger classrooms compared to those in the former site. An open house will be scheduled at a later date.

The expansion project for the infants and wobblers is underway. The children are enjoying watching all the heavy equipment working to level the ground for the new building. This project will add three classrooms for infants and

wobblers. The project is targeted for completion in January 2012.

The Pawnee Nation Child Care and Development Fund (CCDF) received funding for the 2011-12 year. The CCDF program provides child care assistance to eligible families residing within the program service area. Child care benefits are provided to income eligible participants who are either working or attending school.

The program service area consists of Pawnee County and northern Payne County including Yale, Okla. Child care assistance is provided to children 8 years old and under who are attending the Pawnee Nation Learning Center or Pawnee Nation After School Program.

For more information, contact Marilyn Feathers at (918) 762-6495.

Angel Tree for ICW offers a brighter outlook during the holidays

Submitted by Kari Little
Indian Child Welfare Director

This holiday season the Pawnee Nation Indian Child Welfare (ICW) program will sponsor an Angel Tree. The Angel Tree will provide presents to Pawnee Tribal foster children and other Native American children in need within the community. The tree will be located in the reception area of Building 64, and will contain angel tags that will identify each child's wants and needs.

Benefactors may choose a tag, purchase a gift and then return the item along with the tag to the ICW office in the Health and Community Service building (old IHS Clinic).

This is a great opportunity to get together with co-workers, family or friends to sponsor a child, or maybe several. The gifts will help make Christmas a little brighter for a child this year. Thank you in advance for your contribution.

For more information, contact Kari Little at (918) 762-3873 ext. 3.

New Pawnee Nation College Princess crowned

Submitted by Andrew Gray
Pawnee Nation College Faculty

On Oct. 4, 2011, the Student Government Association held a reception to crown the new princess at Pawnee Nation College. The event was held in the Albin Leading Fox Hall on the Pawnee Nation reserve.

The ceremony went well, as the current princess, Brooke Dailey, shared her experiences being the princess for Pawnee Nation College.

The reception included punch, nuts and mints, along with a beautiful cake. The food was prepared by Laura Mae Melton.

After the reception, Princess Brooke put the crown and banner on our new princess, Ms. Cheyenne Whitehorn, as her family looked on in pride.

We wish Cheyenne the best of luck during her reign.

The spring ONLI Pow Wow at the college will be held on March 3, 2012.

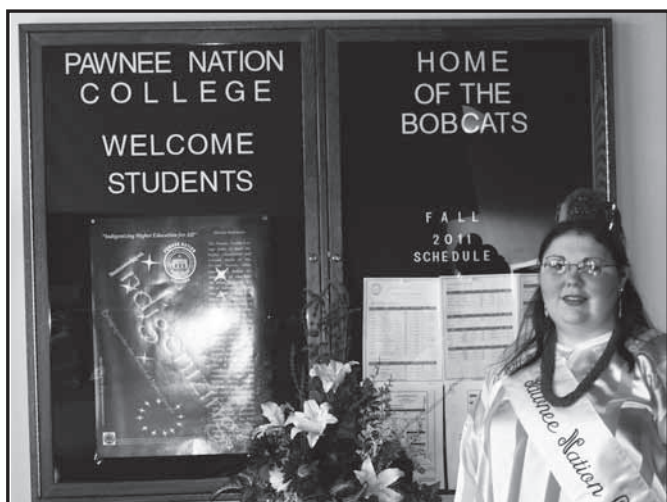


Photo by Toni Hill

PAWNEE BUSINESS COUNCIL MEETING NOTES

Please understand that the following are only a brief synopsis of topics and actions taken by the Pawnee Business Council (PBC).

Sept. 28, 2011, PBC Meeting:

Five Council members were present constituting a quorum. President Gover, Charles Lone Chief and Jim fields were excused. Council members and the Executive Director provided reports on their activities since the previous PBC meeting.

The minutes of the Sept. 14, 2011 PBC meeting were approved.

There was no Old Business:

Under New Business:

Council approved the purchase of fire-proof files for the Enrollment office.

Council discussed an issue regarding tribal tags. No action was taken.

The Council tabled a request for additional funds for the Elder's Assistance Program.

Council tabled the Information Technology (IT) Department Fiber Optic Project for further information.

The Council approved the Share-Point IT Project.

The Council approved the Document Imaging Request for IT.

The Council approved the purchase of a new phone system.

The Council approved additional expenses incurred for the audit.

The Council approved a \$200 for the Elder's trip to Branson, Mo.

The Council approved to schedule a meeting between the Council and the TDC Board.

Oct. 26, 2011, PBC Meeting:

All Council members were present. All Council provided reports on the meetings, conferences and training they attended since the last meeting.

Executive Director, Dawna Hare and TDC General Manager, Roger Foster also provided reports to Council.

The minutes of the Sept. 28, 2011 PBC meeting were approved with corrections.

Under Old Business:

The Council approved \$30,000 drawdown from tax revenues by Resolution 11-84 for the Elders/Handicapped Assistance.

Under New Business:

Council approved Resolution 11-78 for the NCAI Membership, Dues and Delegates Council approved Resolution 11-79 to support the JOM program and funding.

Council approved Resolution 11-80 to least the Tribes Undivided Interest in two allotments.

Council approved Resolution 11-81 – Long Range Transportation Plan

Council approved Resolution 11-82 – for the appointment of Dan Fields to the Housing Authority Board of Commissioners.

Council approved Resolution 11-83 for the submission of the Safe Routes to School Grant.

Council tabled the ONLI Grant – Approve External Auditor – for additional information.

A request to use tribal land for a youth football field was tabled.

A meeting scheduled with Flying

L Ranch regarding the Chilocco Agriculture Lease was tabled. Council declared there is a vacancy on the TDC Board in order to replace an ineligible appointee.

Nov. 9, 2011, PBC Meeting:

All Council members were present. Due to a death in the tribe, Council elected to hear only essential business items. There were no committee reports and no report from Hare or Foster.

Under Old Business:

Mr. Mark Leigerot of the Flying L Ranch reported on the work he has done at the Chilocco Agriculture Lease.

Under New Business:

The Council approved the selection of Builder's Unlimited as the construction management company for the roofing projects.

Muriel Robedeaux reported to Council the results of the 2012 ICDBG Public Meeting and Council voted to approve the Elder's Center as the project to be submitted.

The interviews to select the 2011 A&E Firm was rescheduled.

FOURTH QUARTER 2011 RESOLUTIONS

#11-78 – NCAI Membership, Dues and Delegates Resolution - Approved Oct. 26, 2011 by a vote of seven for, none against and one not voting (President Gover).

#11-79 – A Resolution to Support Funding for JOM - Approved Oct. 26, 2011 by a vote of seven for, none against and one not voting (President Gover).

#11-80 – A resolution to Authorize the BIA to Lease certain tribal land - Approved Oct. 26, 2011 by a vote of six for, one abstaining (Carol Nuttle) and one not voting (President Gover).

#11-81 – A resolution to Approve the TIP Long Range Transportation Plan - Approved Oct. 26, 2011 by a vote of seven for, none against and one not voting (President Gover).

#11-82 – Appointment to Housing Commission Board of Directors – Dan Fields is selected and approved Oct. 26, 2011 by a vote of three for with President Gover voting to break a tie.

#11-83 – A resolution to Submit the SRTS (Safe Routes To School) Grant – Approved. Oct. 26, 2011 by a vote of seven for, none against and one not voting (President Gover).

#11-84 – A resolution to Drawdown \$30,000 from Tax funds for Elder's Assistance.- Approved Oct. 26, 2011 by a vote of seven for and one not voting (President Gover).

Members of the Pawnee Nation honored for culinary talents on OklaVision sponsored by Chickasaw Nation

By Toni Hill

Communication Manager



Photo by Toni Hill

Ramona Horsechief demonstrates her knowledge of cooking during a recent fund-raiser.

Ramona Horsechief and her sister, Lisa Pahsetopah, shared their gifts of cooking with a greater audience on Nov. 9.

This live presentation, sponsored by the OklaVision program, originated due to the siblings' talents and Pawnee Nation affiliation.

"I was very honored to have Ramona and her sister, Lisa on the show," said Brent Skarky, host of OklaVision.

"Not only are they award-winning culinary professionals but also great examples of the impressive Native America heritage located in Oklahoma."

According to <http://m.oklavision.tv>, OklaVision promotes Oklahoma cultures, people and attractions statewide.

OklaVision, sponsored by the Chickasaw Nation, highlights Oklahoma tourism by hosting live hour-long shows airing weekdays at noon CDT.

Venues include <http://oklavision.tv> and Cox Communications Channel 3 broadcasting in the Oklahoma City and Tulsa areas.

"I'm very excited and hope that people were able to watch," Horsechief said. "My desire is to always represent the Pawnee People with the deserved respect and honor."

Helpful Hints Corner

Food storage and serving guide to safe and healthy eating

Submitted by Sidra Atsye

Title Vi Director

These foods: Are NOT SAFE to eat if they are:

Fresh Poultry

- Stored raw in the refrigerator for longer than one to two days (three or four days when cooked).
- Left unrefrigerated for more than two hours either before or after cooking.
- Eaten without thorough cooking.

Fresh Meat

- Stored raw in the refrigerator for longer than three to five days (one to two days for hamburger).
- Discolored, smelly or slimy.
- Left unrefrigerated for more than two hours either before or after cooking.
- Eaten without thorough cooking.

Fresh Fish

- Stored for longer than one to two days in the refrigerator.
- Dried at edges; smelly.
- Left unrefrigerated for more than two hours either before or after cooking.
- Eaten without thorough cooking.

Milk and Cream

- Left unrefrigerated for more than two hours.

Cheese

- Refrigerated for longer than six months for unopened, hard cheeses.
- Refrigerated for longer than three to four weeks for opened, hard cheeses.
- Refrigerated for longer than one week for soft cheeses.

Eggs

- Refrigerated for longer than one week if hard cooked.
- Left unrefrigerated for more than two hours.
- Eaten without thorough cooking.

Frozen Meats, Poultry, Fish or Casseroles

- Thawed at room temperature.
- Thawed, refrozen and thawed again.
- Eaten without thorough cooking.

Canned Foods

- Liquid spurts out when can is opened.
- Can is corroded, rusty, leaking, swollen (bulging) on top, side or bottom, or badly dented.
- Contents have off-odors or a foamy or mushy texture.
- Stored anywhere other than a cool, dry place.
- Stored at hot temperatures or allowed to freeze and thaw.

Fresh Fruits or Vegetables

- Unwashed, moldy, soft or discolored.

Bread Products

- Moldy or infested with insects.

For additional information, contact the United States Department of Agriculture Meat & Poultry Hotline at 1-888-MPHotline (1-888-674-6854) or send an e-mail to mpholine.fsis@usda.gov.

For all other non-meat/poultry food products, notify the U.S. Food and Drug Administration at 1-888-SAFEFOOD (1-888-723-3366).

ICDBG Project benefits the Tribe and Pawnee community

Submitted by **Muriel Robedeaux**
ICDBG/Health Center Project Coordinator



The site of the new Law Enforcement Center.

Photo by Muriel Robedeaux

2010 ICDBG – Law Enforcement Center Project

The final design documents have been completed. A Ground Breaking Ceremony is scheduled for Friday, Dec. 16, 2011 at 1:30 p.m. The new facility has six offices, an observation room, a viewing room, an evidence storage room, a locker and shower area and a lobby with a dispatch and receptionist area. The design also includes a safe area for use in inclement weather. This area also has a conference room for meetings and training sessions along with men and women's restrooms.

This safe area is also designed to be FEMA rated.

The site of the new facility is located at the corner of Click Field Road (west side) and Heritage Circle (north side) and is north of the 470 Road. The bid process for subcon-

tractors is beginning. The construction management firm is Builder's Unlimited located in Tulsa, Okla.

2011 ICDBG – Roundhouse Renovation & Water Well Enhancement Project

The solicitation process for the architectural firm for this project has begun and the selection will be made in late November. The design process should begin just before Christmas.

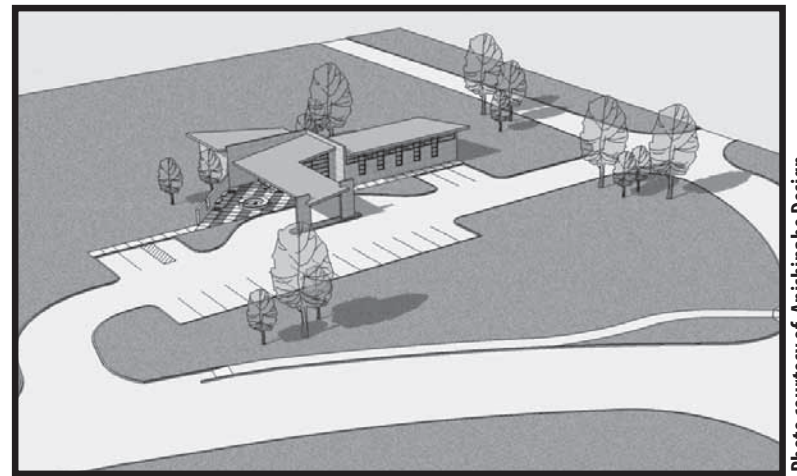


Photo courtesy of Anishinabe Design

A picture of how the new Law Enforcement Center will look.

ICDBG Project Updates November 2011

2009 ICDBG – Early Childhood Development Project

The work on the expansion of the Family Development Center is in progress and the contractors are working to have the building expansion totally enclosed by the end of November.

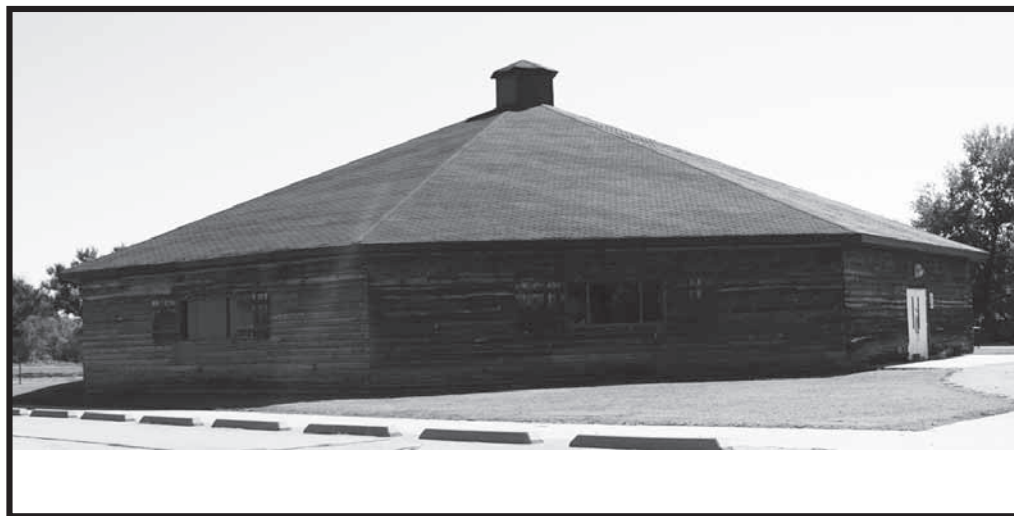
Tribal Buildings available for rental to accommodate community functions

Submitted by **Linda Beard**
Admin. Asst./Utilities Clerk

Tribal Buildings offer many amenities favorable for community and personal gatherings. Locations for rent include the Roundhouse, Community Building, Camp Grounds, Multi-Purpose building, Wellness Center and the Roam Chief building.

Rental rates vary for Tribal Members and outside individuals and organizations. Prices range from complementary up to \$250 based on both half-day and full-day rentals.

Reservations must be made in person and not exceed 90 calendar days in advance. In order to give another person or organization an opportunity to reserve a facility during weekends, holidays and Tribal events; facilities may not be reserved for multiple or consecutive days. Locations needed for official Tribal busi-



The Roundhouse offers a picturesque location combined with a rich Tribal history.

Photo by Toni Hill

ness are excluded from policy.

If a person or organization requires more than 90 calendar days to plan for an event, the person or organization shall be required to pay an advanced rental charge to reserve the facility. Tribal Operations personnel shall not be allowed to reserve a facility no more than 30 days prior to an event.

It is the policy of the Pawnee Nation to

give precedence in the event of a Tribal death. The Roam Chief shall be made available for the funeral service and feast. However, the family will be notified that the Pawnee Nation program(s) retain the option to conduct Tribal business if necessary.

In the event the family does not wish to use the Roam Chief, then the Tribal Roundhouse shall be offered.

The Pawnee Nation shall not waive cleaning, security or key deposits for any Tribal facility.

The Tribal Operations office is located at 361 Clinic Road in the metal building next to the old IHS clinic. Hours are 8 a.m. to 5 p.m. Monday through Friday excluding Tribal holidays.

For special arrangements, call (918)258-0548.

Marissa Chapman Campbell and Horn family honored by OSU

By Toni Hill
Communications Manager



Photo by Toni Hill

The Chapman-Campbell Family honors those family members lot.

On Oct. 26, 2011, the Oklahoma State University (OSU) Staff Advisory Council honored the family and relatives of Marissa Chapman Campbell and her children, William, Maizy and Lucas as well as Shane BlueHawk Horn. The Commemorative bricks bearing the names of each person placed in the OSU Formal Gardens marks a permanent site of remembrance.

“This experience is a reminder that life is short,” said Tara Gladden, OSU Staff Advisory Council Public Relations chair, “It is really important to cherish each day as well as family and friends.”

OSU places bricks in the Formal Gardens in honor of employees who have been employed at OSU for 30 years or more. According to Marsha Chap-

man, OSU financial assistant, “It is a dedication of their existence, a carbon print to the University for family and friends to visit – forever a Cowboy.”

Marta K o - chenower, chair of the

OSU Staff Advisory Council, welcomed guests followed by an opening prayer. Marshall Gover, president of the Pawnee Nation of Oklahoma, shared how those lost had blessed others who had been privileged to be part of their lives.

Walter Echo-Hawk, Bunky Echo-Hawk, and Pat Leading Fox sang the Chapman Family Song. Herb and Bobby Adson offered a Pawnee Prayer Song. Assistant Chief of the Seminole Nation of Oklahoma Ella Mae Colman gave the benediction.

“This presentation shows what im-



Photo by Toni Hill

The bricks honoring the lives of Marissa Chapman Campbell and her children, William, Maizy and Lucas. Shane BlueHawk Horn is also represented.

pact our tribal members have had on society,” Gover said. “This family has truly touched the whole world.”



Photo by Toni Hill

The Bobby and Jerri Horn family, pay thier respects to family member Shane BlueHawk Horn.

TERO assists Tribal members with employment opportunities within the Tribe and community

Submitted by Dan Fields
TERO Coordinator

The Tribal Employment Rights Office (TERO) announces the formation of the Residential Remodel and Repair Program (RRRP).

The RRRP is designed to improve the living conditions of Tribal members. A goal of the program is to train young men in construction type skills that will help them establish successful careers.

TERO has enrolled six young men in this training program with Sonny (Arthur) Fields as the instructor.

The Pawnee Nation Housing Authority has provided TERO with a project house to refurbish allowing training opportunities in many areas

including sheet rocking, hanging, mud and taping, texturing, painting and flooring.

Another objective of TERO involves providing training and assistance to unemployed Tribal members. The RRRP is one way TERO accomplishes that objective and supports the entire Pawnee Tribe.

Please take the time to encourage these young men in their efforts.

TERO would also like to invite any enrolled member with housing projects to contact the office. A sliding scale applies for senior citizens.

For more information, contact Dan Fields at (918) 762-3227.

PAWNEE NATION HAPPENINGS

Photos by Jami Hill

The Fall Festival party held Oct. 31 provided an opportunity for the young and the more mature to dress up, visit with friends and enjoy great food. The event was sponsored by the Title VI program and desserts were provided by elders of the Title VI program. The cash prizes for the costume contest were sponsored by Richard and Oney Roubedeaux and Ellis and Ramona Horsechief.



Participants in the costume contest were Lisa Pahsetopah as an old man (l to r), Iris Pahsetopah as Casino Man, Andy Adson as Don King, Marilyn Feathers as Cleopatra, Vada Fields as small leopard, Minnie Fields as Tinkerbell, Jean Rice as The Beast, Izel Chance Stewart as the baby elephant (held by an anonymous benefactor) and Ramona Horsechief.



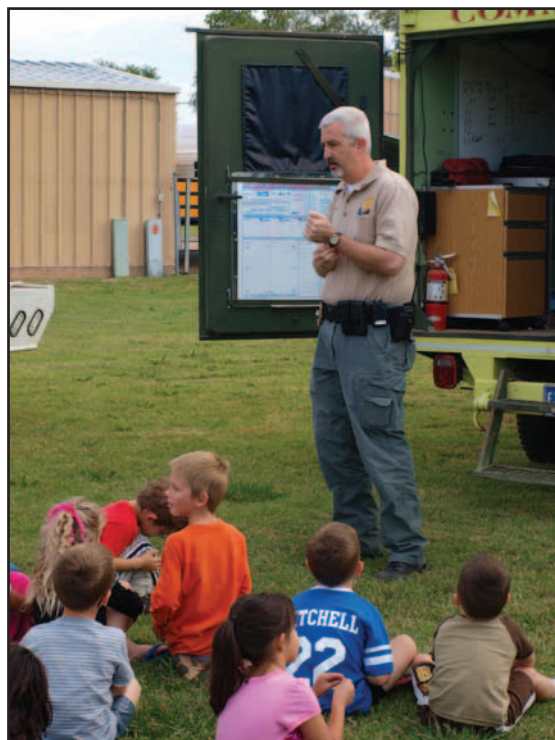
The Beast, Jean Rice, and the Beauty, Jaci Gover, enjoy the festivities at the Fall Festival.



Right: Winners of the costume contest were first place Minnie Fields (l to r), second place Andy Adson and third place Marilyn Feathers.



Kelton Kersey, Ranger and Environmental Specialist (l to r); Gerald Woommavovah, Emergency Service Coordinator and Josh Daniels, Environmentalist provide safety demonstrations for the school children. Activities included a tour of the ambulances, demonstrations of equipment used and opportunities to run a water hose.





Left: Members of the Bravo/Pawnee Company (l to r) Spc. Pearle Hare, Cpt. Chris Rains, 1SG Daniel Gilliss, SFC David Murphy, Sgt. William Jobe and Cpl. Scott Small pose with Pawnee Nation Princess Jessica Leading Fox.

Jason Campos (right) and Jarred Kanuho (below in white leggings) join others in honoring veterans.



Ramona Horsechief (center) and Debbie Dent (front right) join members of the Pawnee/Bravo Company in honoring veterans.



Right: Elizabeth Blackowl (red shaw) and Ralph Haymond (left) show honor.



Above: Members of the Bravo/Pawnee Company with Pawnee Business Council Vice-President Charles Lone Chief who had previously served in the same unit. Right: Joe Jones exemplifies the Warrior spirit.



Left: Tribal members honor veterans with a dance. Above: The men who sang for the dances. includes Head Singer Herb Adson.

VETERAN'S DAY DANCE

Photos by Toni Hill

Health & Wellness

Facebook 101- The impact and dangers of using social media

By Chelsie Baldwin
VAW Program Advocate



Photo by Rebecca LittleSun

The Internet can offer many beneficial options, but in the wrong hands, can also become a detriment to society and a weapon against children.

Facebook, one of the many social networking sites, was created in 2004 by Mark Zuckerberg.

Some social sites are designed to use on computers and others are accessed on mobile phones, however, Facebook is accessed by both.

As of July 2011, Facebook had more than 800 million active users as stated by LA Times in the Sept. 2011 issue.

So what do people do on Facebook? Well, they chat, stay in touch, share personal news, play games, post videos, send birthday and holiday wishes, perform business functions, contact long-lost friends and relatives, review books, gossip ... the list is unending.

The more appropriate question seems to be, what can't be done on Facebook, especially since Facebook is available 24 hours a day, seven days a week?

According to the Crimes Against Children Research Center, "Users add more than 30 billion pieces of content to Facebook each month."

In addition to the information shared by adults, consider how

much of a child's life is also posted. Blogs about a child's thoughts, feelings and life are all accessible to the millions of people online with access to their "digital footprint."

The world that our children live in today is ever-changing at a non-stop pace.

The Facebook world is also spontaneous, moment-by-moment. Information is instantly passed from one to millions with a quick click of the mouse.

More than the clothes they wear, the music they like or the company they keep, a child's Facebook profile is a representation of who he or she is.

This same concept applies to adults as well. A person's profile supplies all of the key information about a person's life, providing a constantly updated resume.

Let me provide an example of the danger that lurks online. I have a teenaged sister that is a cheerleader. Her and her friends decided to create a fake Facebook account. They pretended to be a 16-year-old girl and posted a very curvy and provocative profile picture. This post resulted in many friend requests of all ages and genders, which they accepted.

As a result, they had many messages from people wanting sex, meet-ups, dates, etc.

At this point, the young cheerleaders thought that this was "so funny", merely just "a game."

One evening they posted their agenda. While they were at the movies watching a G-rated flick,

a wealthy 35-year-old man employed at a local oil company, the least likely predator, approached them and asked if they knew the "hot 16 year old."

When the man was reported as a result of his odd behavior, he was easily found and convicted thanks to his online profile.

According to Crimes Against Children Research Center, "1 in 5 U.S. teenagers who regularly log on to the Internet say they have received an unwanted sexual solicitation via the Web."

Security suggestions include marking profiles as private. Ask your children about their privacy settings. Items that are copied, pasted or forwarded can harm someone's identity or even worse, damage their self-esteem. Privacy settings are easy to set and are vital.

Also, safeguard your passwords, change them frequently and never respond to inappropriate requests.

If harassed by a stranger, friend or family member, tell someone you trust immediately.

Report the incident(s) to the Pawnee Nation Violence Against Women Program or the police. It is a crime to stalk or harass someone, even online, and online information provides easy evidence for the police to press charges. To make a report online, visit www.Cyber-tipline.org.

Screen friend

requests. Facebook is not a popularity contest and there are many online predators. Think before posting and never add a comment in anger. Never post your age, address, location, employer or school.

Facebook is like real life and most people would not walk up to a stranger and say "Hi I'm so and so, I live in Pawnee, Okla., I work here, I go here often, I like this, this and this. I was also born on Feb. 13, 1984 and, oh yes, here are the five most recent photos of me at all the places I hang out." But yet, this is done every minute on Facebook.

Being involved with your children and setting an example if you have your own account is vital. Online safety must be a topic in parenting today.

For more information, contact the Violence Against Women Program 24-hour line at (918) 399-3310.

The Mission

Are you having problems with alcohol, drugs, loneliness, overeating, depression, or life in general???

Join us for a

**FREE MEAL, FELLOWSHIP
FUN, PRAISE & WORSHIP
MUSIC, & HOPE**

At the Pawnee Nation Roam Chief Bldg
Every Monday at 6:30 p.m.

We always serve a nutritious meal every week along with a dessert!

If you have any questions (or if you need a ride)
call Ellis or Momie Horsuchief at 918-399-0760

+++
Jesus Is Lord!!!

Take a chance and come check it out!

Health & Wellness

Pawnee Nation REACH U.S. Program initiates healthy components

Submitted by Whitney Nuttle

REACH US Assistant

Let me begin by introducing and welcoming our newly hired REACH U.S. Coordinator, M. Angela Thompson. We are very excited to have her on our team and we look forward to working with her.

October was the beginning of our fifth year with the REACH U.S. Program. During our final year, we will be busy concluding our goals and objectives for this grant program.

The overall goal of the program according to Strong and Healthy Oklahoma is to "reduce diabetes and cardiovascular disease among American Indians." Our objectives include nutrition, physical activity, healthy policies and tobacco cessation.

On Oct. 19, 2011, we hosted an M-Power Presentation with the Osage Nation. M-Power stands for Moving Parity Onward with Every Resource. According to Native American M-Power, their mission

is "to improve the health of Native Americans living in Oklahoma through the identification, assessment and implementation of high impact systems level strategies that utilize the M-Power structure." Further, Native American M-Power wants to "eliminate tobacco-related health disparities."

The REACH U.S. Assistant, Whitney Nuttle and Healthy Nations Coordinator, Suzy Snell, also attended a Tobacco Cessation Facilitator training on Nov. 2 and 3, which was hosted by the Osage Nation M-Power Program.

This organization will be presenting Tobacco Cessation workshops at the Pawnee Nation. Dates and times will be posted once determined.

On Nov. 4, 2011, the Pawnee Nation REACH U.S. program hosted the Coordinated Approach to Children's Health (CATCH) training provided by the Oklahoma State

Department of Health at the Roam Chief. CATCH is designed to promote physical activity and healthy food choices while helping to prevent tobacco use in children.

The Pawnee Nation After-School Program attended the training and has implemented the CATCH Curriculum into their classroom with the assistance of the Pawnee Nation REACH U.S. program.

The training was very successful and everyone in attendance was awarded a Certificate of Completion. In addition, the Pawnee Nation REACH U.S. purchased the CATCH curriculum and equipment for the Pawnee Nation After-School Program.

We are very excited for this opportunity to be available for our Native Children. Also, the Pawnee Public Schools implemented the CATCH Pilot program with the help of the Pawnee Nation REACH U.S. program. We are excited for

the school to be involved with the CATCH Pilot program; it is a very exciting and is a beneficial opportunity for our community children.

REACH U.S. attended the Pawnee School Board meeting Nov. 7, to introduce the 24/7 Tobacco Free policy.

They decided to implement the 24/7 policy at all learning facilities located on the campuses of the Pawnee Schools. Facilities include the Pawnee Elementary, Middle School and High Schools.

This was a wonderful accomplishment for the Pawnee Nation REACH U.S. program and for our local school system. Pawnee Nation REACH U.S. program looks forward to future agreements and to purchasing and supplying the 24/7 signs for Pawnee Public Schools.

For more information, please call (918) 762-3873 Option #3.

A delicious snack can also be a healthy choice

Submitted by: HP/DP Healthy Nation

The Nutrition Advisory Board offered cooking classes for the month of October. We prepared the Antipasti pull-apart pizza recipe in the first class and it was a huge success.

A participant also used the recipe for her potluck at church and it was a major hit. The goal is to present healthy food that still tastes good. Since this recipe is one of the class favorites, we would like to share it with the rest of Pawnee Nation.

Enjoy!!

Antipasti Pull-Apart Pizza

Ingredients

2 tsp (10 mL) olive oil
2 pkg (11 oz each) refrigerated French bread dough
1 jar (12 oz.) marinated artichoke hearts
1 8-oz (250-g) block mozzarella cheese
1 medium red bell pepper
1/2 cup (125 mL) pitted ripe olives
2 garlic cloves
1/4 tsp (1 mL) salt
1/4 tsp (1 mL) coarsely ground black pepper

2 oz (60 g) Parmesan cheese
Chopped fresh parsley (optional)

Method

1. Preheat oven to 400°F. Brush large round stone with handles with 1 tsp of the oil. Place one package of the dough onto a large grooved cutting board. Using a sawing motion, cut dough in half lengthwise with color coated bread knife; slice dough halves crosswise into (16) half moons for a total of (32) half moons. Arrange dough over baking stone, leaving a 1/2-in. border around edge and spacing 1/2 in. apart; brush with remaining oil. Bake 14-16 minutes or until crust is golden brown.

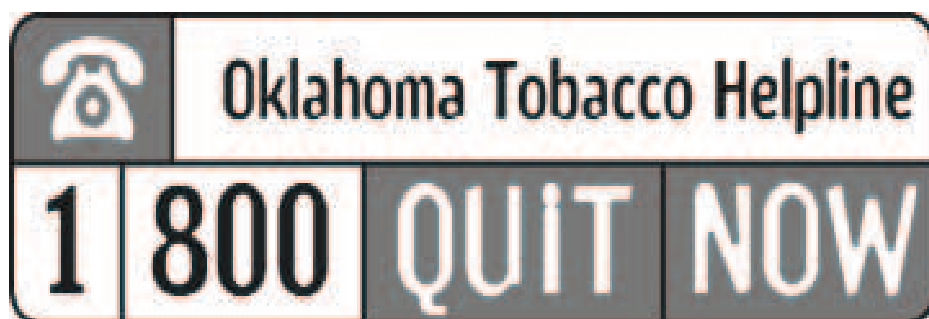
2. Meanwhile, for antipasti, coarsely chop artichokes with food chopper. Dice mozzarella cheese into 1/2-in. (1-cm) cubes & bell pepper and slice olives.

Combine artichokes, mozzarella cheese, bell pepper, olives, garlic pressed with garlic press, salt and black pepper in stainless (4-qt./4-L) mixing bowl; mix well.

3. Remove baking stone from oven. Grate half of the Parmesan cheese over crust; top with antipasti. Bake 5-7 minutes or until mozzarella cheese is melted. Remove from oven; grate remaining Parmesan cheese over top and sprinkle with chopped fresh parsley, if desired.

Nutrients per serving: Calories 160, Total Fat 6 g, Saturated Fat 2.5 g, Cholesterol 10 mg, Carbohydrate 21 g, Protein 8 g, Sodium 490 g, Fiber 1 g

Article was taken from Pampered Chef at <http://www.chefsucccess.com/f7/pull-apart-pizza-63093>.

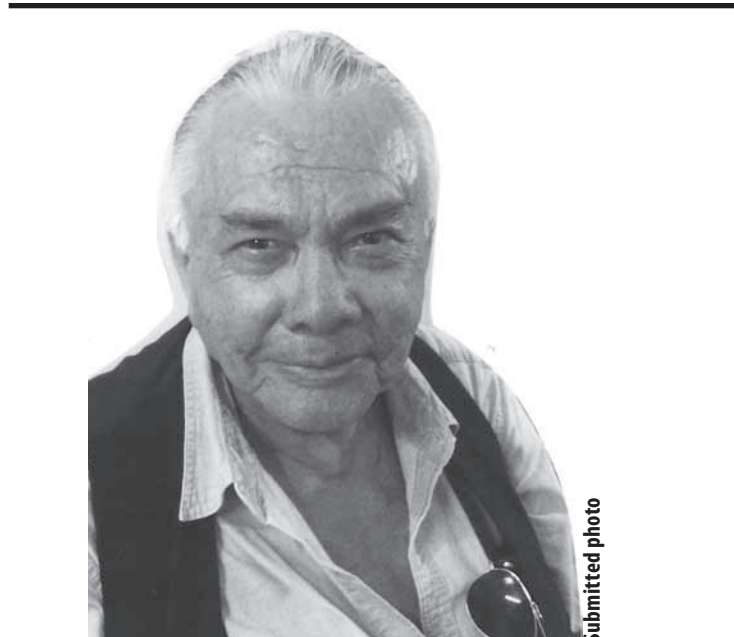


COMMUNITY HIGHLIGHTS



Submitted photo

NAIMA SARAЕ' MOWATT AITSON. Born on Sept. 26, 2011 to Ashley Mowatt, accounts payable assistant, for Pawnee Nation and Kevin Aitson. Naima arrived at 12:42 p.m. She was 20 inches long and weighed 7 lbs., 15 oz.



Submitted photo

“PROUD OF MY BROTHER”

This is about my brother Lew Alexander. He has been acting since the 1960's and his first movie was “Cheyenne Social Club.” He has acted in various movies since then. His biggest movie was “Into the West” in which he played three different roles.

He said he joined the Screen Actors Guild (SAG) while filming that movie. Since joining SAG his pay has gone up, which has made him very happy.

He told me last year that he had not been in any movies for about two years and was afraid he was getting too old for many parts. Now he is in a movie called “Just Like a Woman.” I told him, “See, you're not too old, you still have the look.”

He is a very distinguished, grey-haired man at the age of 73. He has not changed much over the last few years and he always looks good. He smiles a lot and he is happy with life.

Our Pawnee and Chippewa grandparents were Henry and Rose Denomie Roberts. Our great grandfather was Rush Roberts. On the Muskogee Creek and Seminole side of our family our grandparents were William T. and Nancy Cox Alexander. Our parents are Lewis Alexander (deceased) and Florence Roberts Alexander, age 99.

He has pursued his dream for many years and is still [doing] what he likes best, which is acting. He has made me proud to be his sister especially due to the fact that he has never given up on his dream. Not all of us can live out our dreams, but my brother has and will continue acting for many years.

His loving sister,
Nancy Alexander Gomez



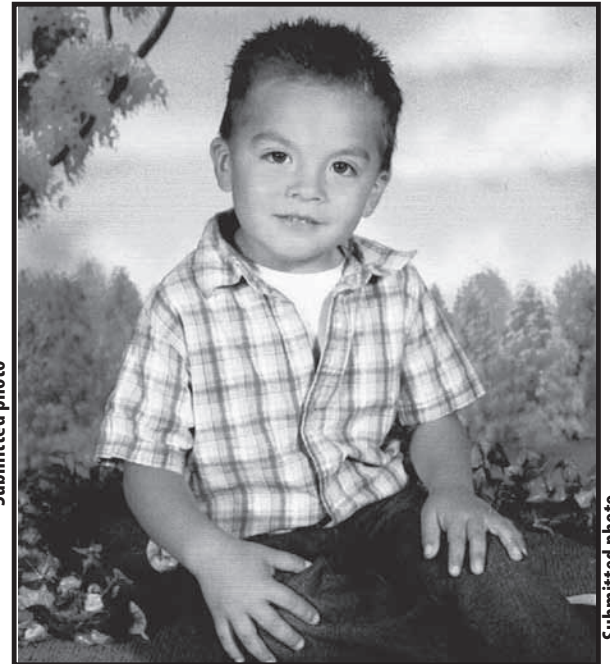
Submitted photo

*Happy 21 birthday Jamie.
Jan. 8, 2012. We love you
Jamie.*



Submitted photo

Happy 40th Birthday Grant, Dec. 28, 2011. With love from Bonnie, Jamie, Joshua and Caleb.

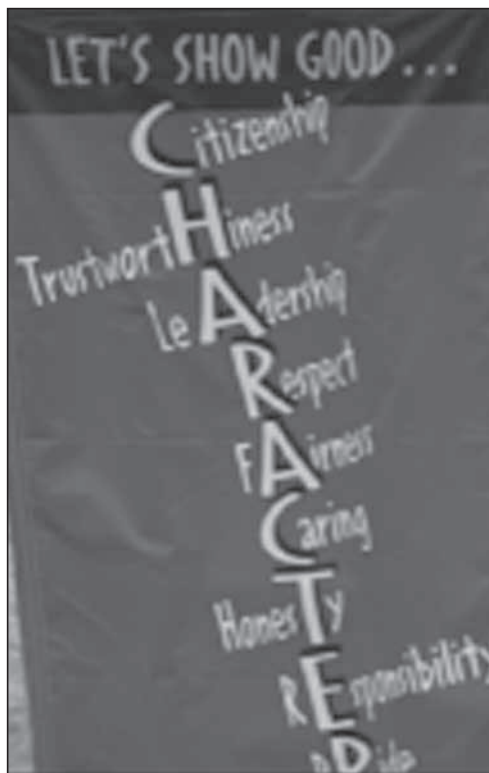


Submitted photo

Happy 5th Birthday, Caleb, Dec. 11, 2011. From: Arthur, Bonnie, Jamie and Joshua.

Employees and youth take to the streets to promote drug-free living

By Barbara Attocknie
Substance Abuse Coordinator



A poster that displays the purpose of the walk, a drug-free life.

The Pawnee community recently completed the annual Red Ribbon Week. This event ran from Oct. 24 -31. The Pawnee Nation Substance Abuse Program (SAP) participated with the intent of expanding the framework in a unified effort against the drug problem that confronts our community.

SAP's commitment to this battle is year round and the Red Ribbon Week campaign provides another opportunity to reach out to the community that we dearly love to help fight against the drug dilemma.

The SAP participated in this year's Red Ribbon Week in various ways. First, was the placement of eight banners around the Pawnee Tribal Reserve.

Second, was the purchase of promotional items embossed with positive

messages against drugs. Funding for this project was provided by the Indian Health Service, Meth Suicide and Prevention Initiative grant. The items chosen were geared towards a specific age group with age appropriate messages. Products included wrist bands, pencils, temporary tattoos and trick or treat bags.

The trick or treat bags were given to the elementary school and distributed to students prior to the walk on Oct. 26.

This activity was well represented by tribal employees, families and the Health Division employees. The walk was led and protected by our tribal, city and county law enforcement agencies and for this, we are extremely grateful.

This walk was preceded by an employee walk two days earlier which was fairly well received. The children and community that we serve appeared to have a genuine belief that



The team that worked hard to make the event happen. Bottom row l to r: Tiffany Fritze, Angela Thompson, Suzy Knife Chief and Barbara Attocknie. Back row l to r: Jaime Jestes, Sharon Swartz, Kenneth McCosar, Kari Little, Mike Ortiz, Whitney Nuttle and Chelsie Baldwin.

the drug abuse message being carried forward is a necessary ingredient in the long term welfare of future generations.

There were many cheers and chants being vocalized as the procession continued around the court house square and back to the school. Roughly, 400 students participated alongside their teachers, other school employees, the Pawnee Nation employees and families that ventured along.

It is this kind of participation and collaboration that provides a glimmer of hope to those

who continually fight this all-out-war against drug and alcohol abuse. Preventive measures are absolutely essential to sustain the longevity of this battle.

The earlier we educate and influence the younger generation in positive ways, the greater the chance that children will have a productive and fulfilled life for themselves.

Additionally, the sooner we identify and contend with predators that seek to prey on our people and children, the better prepared we will be to deal with each situation as it arises.

Each time we influence an individual to say no or abstain from using drugs and alcohol, the stronger that person becomes. This individual will then begin to promote a healthier and strengthened life for themselves, their family and the community.

The goal of the SAP is to turn this downward trend around and to focus on rebuilding the way of life back to a positive and progressive state of existence.

For more information, please contact SAP at (918) 762-2153.



Pawnee Elementary students enjoy the Red Ribbon walk.

Photo by Rebecca LittleSun

Photo by Rebecca LittleSun

HOLIDAY RECIPE FAVORITES

BACON CHEDDAR CHEESE BALL MONIE'S FAVORITE BANANA NUT BREAD

by Monie Horsechief
Contributing Writer

8 ounces extra-sharp cheddar cheese, finely shredded (2 cups)
1 8-ounce package reduced-fat cream cheese
2 tablespoons chopped green onion
1 ½ teaspoons Worcestershire sauce
1/8 teaspoon bottled hot pepper sauce (optional)
15 slices bacon, crisp-cooked and drained
½ cup chopped pecans



Photo by Monie Horsechief

1. In a large mixing bowl combine cheddar and cream cheeses; let stand at room temperature for 30 minutes, Add Worcestershire sauce, and hot pepper sauce. Crumble 10 of the bacon slices and add to mixture. Beat with electric mixer on medium speed until almost smooth.

2. Crumble remaining bacon. Cover and chill cheese mixture and the remaining bacon about 2 hours or until easy to handle. Shape cheese mixture into a ball; cover and chill. Just before serving or giving as a gift, roll in crumbled bacon and pecans. Place cheese ball on a decorative plate; cover.

Makes 4 ½ cups

Option Tip: You can also add 3-4 tablespoons chopped drained pineapple to the cream cheese mixture.

Tip: Serve cheese ball with celery sticks, cucumber slices, crackers, and/or toasted baguette slices.

Make Ahead: Store unrolled cheese ball in the refrigerator for up to 3 days.

Bacon Cheddar Cheese Ball (top left), Banana Nut Bread (top right) and warm Black-Eyed Pea salad make great holiday favorites.



Photo by Monie Horsechief

1 cup butter or margarine
2 cups sugar
4 eggs
¼ teaspoon salt
2 teaspoons soda
4 cups flour
6 large bananas, very ripe, mashed
1 cup finely chopped pecans



Photo by Monie Horsechief

Cream together butter and sugar.

Add eggs, one at a time, beating after each addition. Sift dry ingredients together; add to creamed mixture. Stir in bananas and chopped pecans. Pour banana nut bread batter into 2 well-greased loaf pans; bake at 325 degrees for about 1 hour and 15 minutes, or until a toothpick inserted in center comes out clean.

This banana nut bread recipes makes 2 loaves. This is a moist, buttery banana bread loaded with banana flavor.

WARM BLACK-EYED PEA SALAD

Nonstick cooking spray
2 slices turkey bacon, chopped
3 green onions
1 medium red sweet pepper, chopped
1 small Serrano or jalapeno chile pepper, seeded and finely chopped
1 tablespoon canola oil
1 15-ounce can no-salt added black-eyed peas, rinsed and drained
1 cup frozen whole kernel corn, thawed
¼ cup thinly sliced celery
3 tablespoons cider vinegar
2 teaspoons sugar
¼ teaspoon dry mustard
1/8 teaspoon black pepper

1. Coat an unheated large nonstick skillet with cookins pray; heat over medium heat. Add chopped bacon; cook until bacon is cooked through, stirring occasionally. Remove bacon from skillet and set aside. Thinly slice the green onions, keeping white parts separate from green tops. Add white parts of green onions to the skillet; reserve green tops. Add sweet pepper, Serrano pepper, and oil to the skillet. Cook about 5 minutes or until vegetables are just tender, stirring occasionally.

2. Add black-eyed peas, corn, celery, vinegar, sugar, mustard, black pepper, and sliced green onion tops. Cook and stir for 2 to 3 minutes or until well combined and heated through. Transfer to a serving bowl, sprinkle with bacon and serve warm.

Tip: This salad is also good served cold. Prepare as directed; cover and chill for 4 to 24 hours before serving.

Winter Weather entices more than making snow angels

By **Gerald Woommavovah**
Emergency Services Coordinator



Photo by Toni Hill

Personal heaters can offer warmth during cold days but can also create risk.

Most cold weather risk factors are the result of the measures taken to keep warm and not the direct result of exposure to cold temperatures.

Winter weather does not have to be sub-zero to be dangerous; it just has to be cold enough to make a person feel cold.

Just remember the four Ps:

Protect People: This includes yourself, but pay careful attention to children and the elderly. They are especially vulnerable to cold and the least able to protect themselves. Dress in layers of loose-fitting warm clothing. This will allow for the shedding of appropriate layers once the day becomes warmer. When outdoors, wear a hat that covers the ears. A person loses as much as 40 percent body heat through the head.

Protect Plants: Bring potted plants indoors. Keep outdoor plants and trees watered. Remember, dry weather and wind creates the perfect conditions for brush fires. For those who live near heavily forested or undeveloped land, keep property grounds well-manicured and free of dry or dead vegetation.

Protect Pets: Bring all pets indoors. Pets that must be left outside should have an enclosed shelter with the entrance facing away from the wind.

Protect against fires in the home: This one of the most important winter considerations. Take the time to prepare and inspect heating equipment before using. According to the National Fire Protection Association, incorrect use of heating equipment is the leading cause of home fires.

Most home fires in the winter are associated with portable heating equipment that is poorly installed, poorly maintained or misused. Use central heating whenever possible. If the use of a portable space heater is necessary, follow some basic safety guidelines.

Choose electric space heaters and use only those that are UL approved. Look for models that include safety features such as an automatic shut-off when tipped over.

Avoid the use of extension cords with space heaters. If needed, ensure that it is the proper size and length. Never run cords under rugs or carpets.

Keep the heater at least three

feet away from furniture, curtains and other flammable items.

Install recommended smoke and carbon monoxide detectors and replace batteries regularly.

Never use charcoal or other fuel-burning devices indoors, such as grills that produce carbon monoxide.

Make sure all equipment is clean and dust free.

Keep a close eye on children and pets whenever a space heater is being used.

And always turn off heaters when leaving home.

Wintertime can be a fun and beautiful time for spending time indoors with loved ones or outside enjoying the brisk air and snowy scenery. With just a few precautions, the beauty of the season will not be marred by avoidable disasters.

Source: Firewise and Oklahoma Department of Forestry.

Other resources: www.firewise.org, www.fs.fed.us, www.fema.gov and www.state.ok.us.

Water quality is everybody's business

By **Kelton Kersey**
Ranger/Environmental Specialist

Most people think of water pollution as some dirty, nasty sludge looking substance pouring out of a pipe into a ditch or stream. They are right. The matter pouring out of a pipe is causing pollution to our water. However, there is another more widespread and harder to manage source of contamination - nonpoint source pollution.

Nonpoint source deterioration occurs when rainfall, snowmelt or irrigation runs over the land or through the ground picking up pollutants and depositing them into rivers, lakes, coastal waters or introducing them into ground water. Imagine the path taken by a drop of rain from the time it hits the ground to when it reaches a river, ground water or the ocean. Any pollutant picked up along the journey can become part of the nonpoint source problem.

Nonpoint source spoliation can also include adverse changes to the vegetation, shape and flow of streams and other aquatic systems.

The U.S. Environmental Protection Agency lists 10 things helpful in preventing storm water runoff pollution.

1. Use fertilizers sparingly and sweep up driveways, sidewalks and gutters.
2. Never dump anything down storm drains or in streams.
3. Vegetate bare spots in lawns.
4. Compost yard waste.
5. Use least toxic pesticides, follow labels and learn how to prevent pest problems.
6. Direct downspouts away from paved surfaces. Consider starting a rain garden.
7. Clean vehicles at the car wash instead of driveways.
8. Keep automobiles maintained and recycle motor oil.
9. Pick up after pets.
10. Have septic tanks pumped and systems inspected regularly.



Photo by Rebecca LittleSun

Lake and river water offers pretty scenery but also can contain harmful substances.



Submitted photo

Debra Riding In, DVM

July 8, 1963 - October 1, 2011

Debra Riding In, D.V.M., of Portland, Oregon, passed away October 1, 2011. She was born in Portland to Doris and Robert Riding In, the youngest of four siblings.

She received her Bio-Chemistry degree from Hood College, Fredricksburg, Maryland and her Doctorate of Veterinary Medicine from Oklahoma State University.

Dr. Riding In had a passion for her work as a veterinarian. She worked for several veterinary hospitals and clinics throughout Portland as well as Multnomah County. Dr. Riding In was especially adept at surgeries.

Debby loved her family and hosted many dinners and barbeques at her home. Debby loved going to the beach, traveling and sightseeing throughout the country. She was a good role model as a young Native American professional. Debby was a member of the Confederated Tribes of Siletz and the Pawnee Nation.

Debby is survived by her husband, Andres Angeles; mother, Doris Riding In of Portland; sisters, Dorna Battese of Apache, Oklahoma; Delores Riding In of Siletz, Oregon; Denise Riding In of Kailau, Hawaii; stepdaughter, Nicolina Angeles; stepsons, Andres Angeles, Jr. and Tony Angeles, all of Portland. She is also survived by aunts, uncles and numerous nieces and nephews.

Debby was preceded in death by her father, Robert Riding In.

Rhea Fern Perez Roberts

March 4, 1949--November 8, 2011



Submitted photo

Rhea Fern Perez Roberts was born on March 4, 1949 in Pawnee, Oklahoma. She was the daughter of the late Anna Audrey Morris Mulder and Herman Merle Mulder. She passed from this life on Tuesday, November 8, 2011 in Muskogee, Oklahoma at the age of 62 years, 8 months, and 5 days.

She attended Pawnee Public Schools and graduated with the Class of 1968. She married Ronald Roberts on April 7, 1973 in Muskogee, Oklahoma, and they have lived in Muskogee for 38 years. She was affiliated with the Pawnee Indian Baptist Church, and was baptized by Bro. John Hubbard.

Rhea is survived by her husband, Ronald Roberts, Muskogee, Oklahoma; son, Eric Roberts, Muskogee, Oklahoma; daughter, Andrea Roberts, Muskogee, Oklahoma; mother-in-law, Marie Roberts, Tulsa, Oklahoma; sisters, Donna Wilde, Pawnee, Oklahoma; Alice Moore, Purcell, Oklahoma; Gertie Mulder, Stillwater, Oklahoma; brothers, Art Mulder, Stillwater, Oklahoma; Alan Mulder, Stillwater, Oklahoma; aunts, Georgia Mae Morris Adson, Maramec, Oklahoma; Rowena Kate Morris Salmon, Pawnee, Oklahoma; uncles, Francis "Moose" Morris, Pawnee, Oklahoma; Andrew Adson, Maramec, Oklahoma, plus a number of nieces, nephews, other relatives, and many friends.

Rhea was preceded in death by her parents, Anna and Herman Mulder; her brother, Robert Lewis Perez; grandparents, Herbert John Morris and Alice Simpson Morris; aunt, Lois Morris KnifeChief; stepbrother, Loyd Mulder; and her father-in-law, William "Bill" Roberts.

Services were held at 2:00 p.m., Thursday, November 10, 2011 at the Pawnee Nation Roam Chief Event Center, Pawnee, Oklahoma. Interment was at Highland Cemetery, Pawnee, Oklahoma, under the direction of Potet Funeral Home, Pawnee, Oklahoma.

GARY LEE LEADING FOX

September 1, 1957 - November 4, 2011



Submitted photo

Gary Lee Leading Fox was born on September 1, 1957 in Aisne France to Chester Leading Fox Sr. and Myrtle Jean Pratt Leading Fox. He passed from this life on Friday, November 4, 2011 in Cushing, Oklahoma having reached the age of 54 years, 2 months, and 3 days.

He was a longtime resident of Pawnee, a United States Army Veteran, a member of the Pawnee Indian Veterans Organization, serving as a Flagman Color Guard, and enjoyed playing the harmonica, fishing, camping, and being with family.

Gary is survived by his wife of 30 years, Kathleen Ann Leading Fox, Pawnee, Oklahoma; 2 sons, Randall Mark Leading Fox, Tucson, Arizona; Sanford Smoke YoungBear, Pawnee, Oklahoma; brothers & sisters, Yvonne Kaulity, Pawnee, Oklahoma; Charles Edward Leading Fox, Ponca City, Oklahoma; Hazel Renee Downing, Tempe, Arizona; Chester Leading Fox Jr., Pawnee, Oklahoma; Greg Alan Leading Fox, Cherokee, North Carolina; Pratt Frank Leading Fox, Pawnee, Oklahoma; Kay Ellen Leading Fox, Tulsa, Oklahoma; Lance Jay Leading Fox, Pawnee, Oklahoma; Patrick Len Leading Fox Sr., Pawnee, Oklahoma; Christopher Adam Leading Fox, Wichita, Kansas; plus numerous aunts, uncles, cousins, nieces, nephews, and grandchildren.

Gary was preceded in death by his parents, Chester and Myrtle Leading Fox, and brother, Randall Mark Leading Fox.

Services were held at 2:00 p.m., Tuesday, November 8, 2011 at the Pawnee Nation Roam Chief Center, Pawnee, Oklahoma with Josh Leading Fox officiating. Interment will be at North Indian Cemetery, under the direction of Poteet Funeral Home, Pawnee, Oklahoma.



Obituaries

God comforts His people according to Isaiah 49: 13 where it states, "For the Lord hath comforted his people, and will have mercy upon his afflicted."

SERVICE OPPORTUNITIES

Gaming Commission Commissioner needed

The Pawnee Nation is seeking one seat (1) to serve on the Gaming Commission pursuant with Article Three of the Pawnee Nation Gaming Ordinance.

The selected individual shall be appointed by the Pawnee Business Council (PBC), by resolution, and will serve as commissioner for the Pawnee Nation Gaming Commission. Primary responsibilities include regulatory matters concerning the gaming facilities located within the jurisdiction of the Pawnee Nation, it will include but not limited to: licensing, minimum internal controls, regulatory issues concerning State, Federal and Tribal laws and regulations, conducting hearings on regulatory issues.

The candidate will be required to pass a full background check which will include fingerprinting and to maintain a Pawnee Nation Gaming Commissioner License issued by the Pawnee Nation Business Council.

The Gaming Commission will meet regularly at the Gaming Commission office a monthly. The Gaming Commission may meet more frequently when an emergency meeting is called.

Number of Commissioners: Five (5)

Compensation: Stipend (As approved by PBC)

Terms: Each Commissioner shall serve for a term of three (3) years. The commissioner will continue to serve until a replacement commissioner has been appointed by the Pawnee Nation Business Council. Commissioners may be removed for cause by the PBC

Commissioners needed for Environmental Regulatory Commission

Pawnee Nation is seeking two (2) seats of Citizens Pawnee Nation who are interested in serving as Environmental Regulatory Commissioners pursuant with Chapter One, Section 102 of the Pawnee Nation Natural Resource Protection Act (Title 12, Pawnee Nation Law and Order Code).

Selected individuals will be appointed by the President of the Pawnee Nation and will serve as commissioner for the Pawnee Nation Environmental Regulatory Commission (ERC). The ERC shares responsibility with the Pawnee Nation Department of Environmental Conservation and Safety for planning and managing the natural resources and other services within the jurisdiction of the Pawnee Nation.

Primary responsibilities include regulatory functions requiring administrative review, authorizations, and/or enforcement (administrative/civil) as specified by the Natural Resource Protection Act. Additional responsibilities include assisting the director in developing and implementing regulations as authorized which are deemed necessary to carry out, implement and enforce the goals, purposes and provisions of the act. The ERC conducts regularly scheduled monthly meetings.

Number of Commissioners: Three (3)

Compensation: Stipend (As approved by PBC)

Terms: Each commissioner shall serve for a term of four (4) years, provided that, in order to stagger the term of office, one of the original commissioners shall be appointed for a term of two (2) years, one for a term of three (3) years, and one for a term of four (4) years. Commissioners may be removed for cause by the Pawnee Business Council.

The TDC, Election and Utility Authority Commissions and the Enrollment Committees also have openings.

Qualified persons for the above postings may submit a letter and resume to President Marshall R. Gover, Pawnee Business Council, P. O. Box 470, Pawnee, OK , 74058 by close of business on Dec. 7, 2011.

Pawnee Nation Food Distribution offers new items

Submitted by: Florissa Kanuho

The Food Distribution Program began receiving new foods in November. New items include fresh broccoli, split chicken breast and cream of mushroom soup. Also received are holiday foods, canned pumpkin, cranberry sauce and ham. This month two additional juices are available besides cranberry apple juice; orange juice and tomato juice.

The FDPIR Income and Resource Standards will be effective Oct. 1, 2011. This year the net monthly income standards have changed considerably from last year.

For more information or to apply for the program, call (918) 762-2541 or stop by the office located in the Roam Chief Building.

CHR offers gratitude for blood donors and supporters

Submitted by: Community Health Representative Program

The Community Health Representative (CHR) program sponsored the Bedlam Blood Drive on Nov. 4, 2011. Thirty-one (31) people signed up however, only nineteen (19) were able to donate their blood. Although the numbers may seem low, the Oklahoma Blood Institute is grateful for all donations. Everybody received a T-shirt, their choice of OSU or OU shirt. Thank you to all those who signed up and donated their blood, it will be greatly appreciated by those in need.

Pawnee Nation Community Planning Meeting scheduled for Dec. 15

Submitted by: Ted Moore
Planning Division Director

The Pawnee Nation is having a Community Planning Meeting on Dec. 15 at 5:30 p.m. at the Roam Chief building. Dinner will be provided. The purpose of the meeting is to discuss and determine priorities for strategic planning goals of the Pawnee Nation. Community input will help determine goals for the next 10 years and be used to develop the Pawnee Nation Long Range Strategic Plan.

For more information, contact Ted Moore, tribal planner division director, at (918) 762-3621.

Advertisers and feedback solicited

The Pawnee Tribal Newsletter, Chaticks si Chaticks, is published every other month. The newsletter is mailed to enrolled members of the Pawnee Nation, one per household or address. If no one in your household is receiving the newsletter, or more than one is being sent, please contact the Communications Office.

If you would like to advertise in the next issue, contact us for our rates.

Please feel free to contact the Communications Office at (918) 762-3621 ext. 25 or via e-mail at www.communications@pawneenation.org. Correspondence may also be mailed to P.O. Box 470, Pawnee, OK 74058.

Letters to the editor guidelines

A letter to the editor is meant to express your opinion or point of view.

Length: Letters on issues of public concern should be 300 words or less.

Guest Opinions: Articles submitted by readers as guest opinions will be printed as such at the discretion of the editor.

Thanks: Letters of thanks must be generic and limited to events of public interest. Lists of participants or sponsors will not be published.

Limits: We reserve the right to limit letter writers to one published letter every other newsletter.

Send letters to communications@pawneenation.org or PO Box 470, Pawnee, OK 74058. They must be signed and should include your full address, e-mail address and a phone number for verification of authorship.

Disclaimer: The Chaticks si Chaticks reserves the right to edit or withhold from publication any letter for any reason whatsoever. Once received, all letters become the possession of Chaticks si Chaticks. Letters reflect the opinion of the author only.

**PAWNEE NATION OF OKLAHOMA
ENROLLMENT DEPARTMENT
CHANGE OF ADDRESS AUTHORIZATION**

Date: _____ Date of Birth: _____

Name: _____

Current Address: _____

Comments: _____

Signature of enrolled member or guardian

MAIL TO:

P.O. BOX 470, PAWNEE, OK 74058

Tribal Community Planning meeting

A Tribal Community Planning meeting will be held on Dec. 15 in the Roam Chief building. The event will begin at 5:30 p.m. with a dinner. Tribal input is requested. For more information, contact Ted Moore at (918) 762-3621.

2012 HAPPY NEW Year

**ON NEW YEARS EVE
\$100 CASH HOT SEATS
FROM 5:00PM TO 12:30AM
EVERY 30 MINUTES**

\$2012 CASH HOT SEAT AT 1:00AM

STONEWOLF CASINO & GRILL

MANAGEMENT RESERVES ALL RIGHTS. ALL PROMOTIONAL RULES APPLY. SEE MANAGEMENT FOR ALL RULES AND REGULATIONS.

KEEPEAGLE SETTLEMENT DEADLINE

The cutoff date to file claims under the Keepseagle Native American Farmer/Rancher Settlement is Dec. 27, 2011. This applies to Native American farmers and ranchers who applied for farm loans or loan servicing from the USDA between 1981 and 1999 and did not receive the services. For more information, please contact the Keepseagle Claims administrator at (888) 233-5506 (toll free).

**WIN UP TO \$777
9:30AM - 11:30AM
CASH HOT SEAT DRAWINGS
EVERY 15 MINUTES**

**FIRST SATURDAYS
RISE & SHINE
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**RISE & SHINE
BREAKFAST SPECIAL
\$1 BISCUITS & GRAVY
8:00AM - 10:30AM**

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MANAGEMENT RESERVES ALL RIGHTS. ALL PROMOTIONAL RULES APPLY. SEE MANAGEMENT FOR RULES AND REGULATIONS.

PAWNEE NATION BUILDING DIRECTORY

Building #64:
(918) 762-3621

- Pawnee Business Council
- Executive office
- Finance
- Human Resource
- Grants & Contracts
- Information Technology
- Tribal Planning
- Communication
- Indian Community Development Block Grant

Building #68:
(918) 762-3378

- Gaming Commission

Pawnee Nation College

- **Albin Leadingfox Building:**
(918) 762-3393,3363
- **Staff Quarters Building:**
(918) 762-3343

Pawnee Pakoo Building:
(918) 762-2106

- School Readiness Program

Pawnee Nation Housing:
(918) 762-3454

Tribal Operations:
(918) 762-2273

- Reserve Maintenance
- Building Rentals

I.H.S Housekeeping:
(918) 762-3605

Building #1:
(918) 762-3624

- Tax Office
- Enrollment Office

Pawnee Tribal Court:
(918) 762-3649

Wellness Center/ Multi-Purpose Building

- Title VI (Elderly Meals):
(918) 762-4042

- Early Learning Center and care given 0-2 yrs: (918) 762-2489

Roam Chief Building:
(918) 762-2541

- Food Distribution

Fire Station

- Pawnee Police Dept.: (918) 762-3013
- Division of Natural Resource & Safety/Transportation: (918) 762-3655
 - Environment
 - Transportation: (918) 762-3655

Cultural Learning Center (Berry Building):
(918) 762-3227

- Education & Training
- Repatriation
- THPO

Health & Community Services Center: (918) 762-3873

- Indian Child Welfare
- Violence Against Women
- CHR/EMS: (918) 762-4641
- Diabetes Program: (918) 762-4045
- REACH US

Family Development Center

- Fitness Center: (918) 762-3000
- Learning Center: (918) 762-3007

Substance Abuse Building:
(918) 762-2153

- Substance Abuse Program
- Healthy Nations Program

Pawnee Tribal Development Corporation: (918) 762-4832