

OFFICIAL PUBLICATION OF THE PAWNEE NATION
CHATICKS SI CHATICKS
DECEMBER 2009 ISSUE



IN THIS ISSUE:
STONEWOLF CASINO & GRILL
OPENING LATE DECEMBER 2009

Ralston Moore
Northern Plains
Indian Club President

PAWNEE NATION OF OKLAHOMA
CHATICKS SI CHATICKS
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MESSAGE FROM THE PRESIDENT



Dear Pawnee Tribal Members:

A blessed holiday season to each and every one of you and your families. We ask for the Lord's guidance and grace for the year 2010!

Sadly, we have lost many loved ones this year and I pray the Good Lord comforts you and that your loving memories are lasting. We pray also for those undergoing poor health at this time, may the Lord touch and bless you. As we continue with our lives, we do so humbly thanking the Lord for the blessings he has given us, no matter how small, we are grateful.

On November, 5 2009, I was in attendance at the largest American Indian conference sponsored by the White House in 15 years. Leaders of over 500 federally recognized tribes were present. Thirty-three of Oklahoma's 39 tribes were represented. President Obama told tribal leaders he will work with them on problems that we have faced for decades.

Obama's outreach to tribal leaders was the fulfillment of the campaign promise made during his bid for the White House. Obama said he did not blame tribal leaders for skepticism about political promises made in the past. During the conference, agency officials and tribal leaders discussed problems facing American Indians, including economic development, education, health care, public safety, housing, respect for sovereignty rights, environmental cleanup, and offshore drilling. All of us there could identify with many of these important issues and real concerns.

The President signed a memo calling on every cabinet agency to give him detailed plans to improve the relationship between the government and tribal communities. "You will not be forgotten as long as I'm in the White House," President Obama said to a long standing ovation. I hope, as does everyone else, that the promise results in action. The next few years will be the test.

The Stone Wolf Casino and Steakhouse, at the Pawnee Travel Plaza, is becoming a reality. Gaming provides opportunities for successful economical development for many tribes across the country and we too, hope to benefit from this effort. Nevertheless, we must be mindful not to put all our eggs into one basket. From the profit of gaming, we look forward into building and investing other enterprises for economical development.

Priorities for the Pawnee Nation include, for example, health needs (surgical), housing needs (renovations), education needs (scholarships), social needs (cultural emphasis), economic development (jobs, comparable employee salaries).

Thank You!

President George E. Howell



DECEMBER / JANUARY COMMUNITY CALENDAR

Education

Free GED Classes- Roam Chief Building. Classes are every Tuesday and Thursday from 5 p.m. to 8 p.m. Contact Chris Hill, Youth Services Coordinator at 918-762-2541, ext. 34.

Health

Body Mass Index Competition- This competition will be held at the Fitness Center beginning January 18, 2010.

Events

Elders Christmas Bazaar- Several vendors will be on hand at the Title VI Dining Room on Saturday, December 19th. If you would like to sell your homemade crafts please contact the Elders Advisory Board at (918)762-4042.

Elders Bingo- This is held every Wednesday at 12:00 p.m. in the Title VI Dining Room, unless otherwise noted. All donations are greatly appreciated.

Elders Shopping Trip- The Elders will be visiting department stores in Tulsa on December 8th. Transportation is leaving at 9:00 a.m. and will be back at 5:00 p.m. Transportation will be provided by the Title VI van and sign up sheets will be available at the Title VI dining room. Van seating is on a first come first served basis. For more information contact the Title VI Office at (918)762-4042.

Title VI Annual Christmas Dinner- This event will be held in the Title VI Dining Room/Multi-Purpose Building on December 16th from 11:30 a.m. to 1:30 p.m. All donations are greatly appreciated. For more information please contact the Title VI Office at (918)762-4042.

Bikes for Tykes This toy drive will be held on December 18th at the Roundhouse from 6:00 p.m. to 9:00 p.m. They will be drawing tickets for kids to win a bike; other children will get toys donated by "Toys for Tots". For more information contact Mr. Al Thayer at (918)399-9041 or Mr. Chris Hill at (918)762-2541 ext. 34

General

Pawnee Business Council Meetings- These meetings are scheduled for December 9th, January 13th, and January 27th.

Christmas Holiday- The Tribe will be closed for the holidays on December 24th and 25th.

New Year's- The Tribe will be closed on December 31st and January 1st.

Annuity Checks- All tribal members enrolled as of August 1, 2009 will receive a \$9.47 annuity check. The checks were mailed out 12/03/09 via USPS.

CENSUS INFORMATION

The United States Census Bureau is preparing to count all citizens of the United States next spring. The Pawnee Nation has been working with the Census Bureau to ensure that members and descendants of the Pawnee Nation of Oklahoma are accurately recorded.

When completing the race field, tribal members and descendants are encouraged to indicate only the Pawnee Nation. The Census accepts only one race, so make sure you put PAWNEE. Even if you are not an enrolled member, but you are a descendent, put PAWNEE as your race.

The Census must be done every 10 years, and more than \$400 billion in federal and state funds are allocated to tribes, states and communities based on the information they gather. The funds that the Pawnee Nation receives based on this data, provides for Indian education, health care and job training.

CHATICKS SI CHATICKS PUBLICATION SCHEDULE

SUBMISSION DEADLINE

JANUARY 15
MARCH 20

NEXT ISSUE DATE

FEBRUARY 2
APRIL 6

*** TO MEET ISSUE DATES, SUBMISSION DEADLINES WILL BE STRICTLY ENFORCED ***

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STONEWOLF CASINO & GRILL OPENING SOON

By Lindsey Teter, TDC Director of Marketing

StoneWolf Casino & Grill is on schedule to open on the cusp of the new year. The new 10,000 square foot casino & restaurant is located at the Pawnee Nation Travel Plaza on Hwy 18 at the intersection of Hwy 412. With 214 games and a 67-seat restaurant, StoneWolf Casino & Grill will offer legendary guest service and introduce the "Four Star" Players Club.

The goal is to have a 'soft opening' that will begin prior to Christmas and continue until the official Grand Opening Celebration in mid-January 2010. The opening dates are dependent upon construction completion and machine and equipment installation. The time period for a soft opening enables management

to ensure that employees are properly trained prior to the full scale grand opening. In a "soft opening," the establishment begins to operate without a lot of attention.

The first promotion will be held on New Year's Eve with the "Ring in Twenty Ten Party" where you can win up to \$2010!

As StoneWolf nears completion, management has been gearing up to hiring an additional 95 employees. Job fairs were held on November 12th in Stillwater and November 20th in Pawnee. With the creation of these 95 positions, PTDC will be one of the largest employers in Pawnee County! Applications are still being accepted. You can download an application at www.stonewolfcasino.com. Check www.pawneenation.org for notifications and



updates on opening dates.

"StoneWolf" was chosen because the name is both unique and timeless and creates strong name recognition. "Stone" signifies strength and pays homage to the native-stone buildings on the Pawnee tribal

reserve. "Wolf" comes from the

Pawnee heritage where the wolf is a symbol of courage. Together, the name and logo for "StoneWolf" provides a sturdy foundation on which to build the brand.

SUBSTANCE ABUSE PROGRAM'S RED RIBBON WALK A SUCCESS



On October 26, 2009 the Pawnee Nation Substance Abuse Program sponsored a Red Ribbon Walk with the Pawnee Elementary School stu-

dents. The goal of the walk was to promote an alcohol and drug free way of life for the community of Pawnee.

This year, the walk was a huge success with double the participation than

last year. Students and teachers in grades Kindergarten through 5th, as well as 18 tribal employees, partici-

pated in the event and chanted drug free slogans while carrying banners through the streets of downtown Pawnee. Every year, tribal employees are encouraged to attend the walk with the students.

The Substance Abuse Program also distributed Red Ribbon Week prevention materials to the students in the Pawnee Middle School and to tribal employees.

During Red Ribbon Week the Substance Abuse Program put up banners and flags throughout the Tribal

Reserve to bring substance abuse awareness to the public. All Pawnee Nation tribal employees, Head Start employees, Housing Authority employees and members of the Pawnee Business Council, were given prevention materials and ribbons to wear, and were asked by the Substance Abuse Program to help promote Red Ribbon Week.

The Substance Abuse Program thanks everyone who helped throughout the week and participated in substance abuse prevention and awareness activities.



ASST SEC OF INDIAN AFFAIRS MEETS WITH TRIBAL LEADERS



By Ashlee Worley

Friday, October 23, Assistant Secretary- Indian Affairs Larry Echo Hawk met with close to 40 Oklahoma and Kansas tribal leaders about the issues they face within Indian Country.

Echo Hawk was honored by the Executive branches of the Pawnee Nation, Pawnee Nation College, City of Pawnee and state of Oklahoma, with each proclaiming October 23, "Larry Echo Hawk Day."

Echo Hawk was presented with issues concerning water rights, Indian Higher Education, Indian youth, Gaming and land into trust.

Although Echo Hawk was there to listen, he did get the chance to address tribal leaders and citizens

about the difficult decision of accepting the position of Assistant Secretary- Indian Affairs.

He said he was called by President Barack Obama's transition team after the presidential election and that after meeting with then -Sen. Ken Salazar — who would later be confirmed as secretary of the interior — and being offered the job, he hesitated.

"I did not seek this position," Echo Hawk told the group. "He (Salazar) used the right words when he asked me. He said, 'Your country is calling you into service.' "

While trying to decide about the position, he met with former Assistant Secretary, Kevin Gover, who is also a Pawnee tribal member. Gover told him it was the most difficult

job he'd ever had, but it was also the most satisfying jobs he'd ever done in his life.

In the last eight years, there have been six different people serve in the position of Assistant Secretary- Indian Affairs. Once learning this, Echo Hawk said, "Indian Country deserved better than that."

"I knew by accepting that position, if I were confirmed by the United States Senate, I would become the face of the federal government in Indian Country," Echo Hawk said.

"I hesitated because the federal government in its relations to native people has some very dark chapters, some dark chapters in American history."

While still trying to decide whether or not to accept the job, Echo Hawk reread "Bury My Heart at Wounded Knee: An Indian History of the American West," by Dee Brown.

The book was about military campaigns during 1860 and 1890, the military actions launched against Native Americans to remove them from their homelands, said Echo Hawk. I wanted to reread that book to get together the perspective I would need in assuming the responsibilities. Though this book had many dark chapters in the lives of Native Americans, I knew of many more, he said.

"Do you see why I would hesitate to become the face of the federal government?" Echo Hawk asked, his voice choking with emotion.

"I only want to do what is right and just in this position. It is not enough for me to be a good and honorable trustee. I desire to be an agent of change.

"I said yes because I think there's a chance to do something that's never been done before."

Echo Hawk was then honored with a standing ovation.

"I'm going to give it all I can. I know I'm going to make mistakes. I won't be perfect. But I want you to know, I will always try to do the very best of my ability to do what is right and just. And I ask for forgiveness. Many of the decisions I will make are tribe versus tribe. I'm going to disappoint someone. I will disappoint someone that I love. When I make those decisions all I can promise you is I will do my best," said Echo Hawk

At the conclusion of the public session, Echo Hawk met privately with tribal leaders for a round table discussion that was closed to the media and the public.

The conference can be viewed at www.ustream.tv/channel/Pawnee-Nation-Live.

Winter Bash

Xbox 360 At the Trading Post Casino
Hot Seat Drawings
Monday, December 21st.

Drawings start at 6:00pm and ending at 8:15pm.
Come in for a chance to win cash or
one of many electronics.



Car GPS Unit



TRADING POST
CASINO



PlayStation 3

*A customer may only win one time per promotion. Grill & Smokeshop All Promotion Rules Apply.

ELDERS CHRISTMAS BAZAAR!

SATURDAY, DECEMBER 19TH 8:00 A.M. – 12:00 P.M.
TITLE VI DINING ROOM

Compliment your holiday shopping with unique handmade items. There will be several vendors to choose from. Mark your calendar! If you would like to sell your homemade crafts please contact the Elders Advisory Board at (918) 762-4042 for further information regarding table rental.

OBAMA: US MUST REVERSE COURSE WITH INDIANS

By Ben Feller, Associated Press

WASHINGTON (AP) – President Barack Obama assured American Indians Thursday, November 5, that they have a place in his White House and on his agenda, telling tribal leaders their marginalized community deserves more from its government.

“I get it. I’m on your side,” Obama told the largest gathering of tribal leaders in U.S. history.

Obama devoted part of his own time and even more of his administration’s attention toward renewing relations with American Indians. He opened a conference that drew leaders from 386 tribal nations – the first meeting of its kind in 15 years – and he ordered every Cabinet agency to take more steps toward more cooperation.

The president returned to the event at the Interior Department late in the day for closing remarks, as scheduled, but he altered his message to

address a deadly shooting rampage at the Fort Hood Army base in Texas. He said his administration would get answers to every question about the incident.

Obama’s outreach to tribal leaders amounted to a campaign promise kept from a president who got significant support from Native Americans on his way to the White House.

It comes as American Indians remain entrenched in a class-action lawsuit against the federal government, claiming the government has long swindled them out of land royalties.

Obama said he didn’t blame tribal leaders for skepticism about another politician offering hopeful words. But he said he has no interest in going through the motions of just holding a summit with them.

The president seemed to connect best when he told his audience that he was like them: an “outsider” who grew up without a father, moved

around a lot, and understood what it was like to struggle and be ignored.

“You will not be forgotten as long as I’m in this White House,” Obama said to a sustained ovation.

Whether that promise results in action over the next few years will be the test. In a question-and-answer session, audience members pressed Obama for government help on a litany of matters, from more respect for sovereignty rights to environmental cleanup to concerns about offshore drilling.

One leader pleaded with Obama to find a way to make the federal commitment lasting, so that it would not be at the whim of White House elections. In the process, the speaker predicted Obama would win reelection, which apparently stuck with the president as he pledged to enforce the laws of the land.

“For the next eight years – the next four years at least, let me not jump the gun,” Obama said,

catching himself. He finished the thought more narrowly by saying that for “the next three years and one month” of his term that he would ensure a new relationship is in place.

During the conference, agency officials and tribal leaders discussed problems facing American Indians, including economic development, education, health care, public safety and housing.

The president signed a memo calling on every cabinet agency to give him a detailed plan to improve the relationship between the government and tribal communities. He has made good on pledges to hold the summit and to give American Indians a prominent voice on his senior staff – and he reminded the audience of that.

“We respect you as a man of your word,” responded Jefferson Keel, president of the National Congress of American Indians.

PAWNEE NATION AWARDED NEW VIOLENCE AGAINST WOMEN GRANT

By Ted Moore, Tribal Planner

The Pawnee Nation recently was awarded an application from the Grants to Indian Tribal Governments and Sexual Assault Services Program through the Office on Violence Against Women (OVW), Department of Justice. The grant award of \$450,000 is for a three year period, from August 30, 2009 to September 30, 2012. A Victim Advocate and Administrative Assistant will be hired to carry out the project’s scope of work.

The OVW Program will increase prevention messages in the community and improve the access of support services to Native Ameri-

can women who are victims of domestic violence, dating violence, sexual assault, and stalking. The program will assemble a Violence Against Women Advisory Committee to assist and advise the Program. Members of the community will be recruited to become Domestic Violence Advocates. Collaborator agreements with new agencies will be made to enhance the availability of support for Native American victims of domestic violence, dating violence, sexual assault, and stalking.

The OVW Program will implement a coordinated system for victim response, facilitated reporting, and victim healing. Training will

become a part of the grant and will include tribal and city police departments as well as other tribal personnel that will focus on procedural and legal issues as well as general and cultural sensitivity. The OVW Program will provide legal consultation for victims for situations such as child custody, divorce proceedings, and protective orders.

The Stillwater Domestic Violence Services, Wings of Hope, a non-profit organization that began in

1979, will become the collaborative partner for this grant. The organization offers victims the following services: domestic violence shelter, victim advocacy, individual and group counseling, sexual assault response, parent education, relief nursery for women with children, offender intervention, and education & outreach services. The Stillwater Domestic Violence Services organization will serve as the primary referral source for this project.

PAWNEE NATION COLLEGE
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NOVEMBER IS NATIONAL NATIVE AMERICAN HERITAGE MONTH

BY THE PRESIDENT OF THE UNITED STATES OF AMERICA

The indigenous peoples of North America -- the First Americans -- have woven rich and diverse threads into the tapestry of our Nation's heritage. Throughout their long history on this great land, they have faced moments of profound triumph and tragedy alike. During National Native American Heritage Month, we recognize their many accomplishments, contributions, and sacrifices, and we pay tribute to their participation in all aspects of American society.

This month, we celebrate the ancestry and time-honored traditions of American Indians and Alaska Natives in North America. They have guided our land stewardship policies, added immeasurably to our cultural heritage, and demonstrated courage in the face of adversity. From the American Revolution to combat missions in Iraq and Afghanistan, they have fought valiantly in defense of our Nation as dedicated servicemen and women. Their native languages have also played a pivotal role on the battlefield. During World Wars I and II, Native American code talkers developed unbreakable codes to communicate military messages that saved countless lives. Native Americans have distinguished themselves as inventors, entrepreneurs, spiritual

leaders, and scholars. Our debt to our First Americans is immense, as is our responsibility to ensure their fair, equal treatment and honor the commitments we made to their forebears.

The Native American community today faces huge challenges that have been ignored by our Government for too long. To help address this disparity, the American Recovery and Reinvestment Act allocates more than \$3 billion to help these communities deal with their most pressing needs. In the Fiscal Year 2010 budget, my Administration has proposed over \$17 billion for programs carried out by the Bureau of Indian Affairs, Indian Health Service, and other Federal agencies that have a critical role to play in improving the lives of Native Americans. These programs will increase educational opportunities, address the scourge of alcohol abuse and domestic violence, promote economic development, and provide access to comprehensive, accessible, and affordable health care. While funding increases do not make up for past deficiencies, they do reflect our determination to honor tribal sovereignty and ensure continued progress on reservations across America.

As we seek to build on and strengthen our nation-to-nation relationship, my Administration is committed to

ensuring tribal communities have a meaningful voice in our national policy debates as we confront the challenges facing all Americans. We will continue this constructive dialogue at the White House Tribal Nations Conference held in Washington, D.C., this month. Native American voices have echoed through the mountains, valleys, and plains of our country for thousands of years, and it is now our time to listen.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim November 2009 as National Native American Heritage Month. I call upon all Americans to commemorate this month with appropriate programs and activities, and to celebrate November 27, 2009, as Native American Heritage Day.

IN WITNESS WHEREOF, I have hereunto set my hand this thirtieth day of October, in the year of our Lord two thousand nine, and of the Independence of the United States of America the two hundred and thirty-fourth.

BARACK OBAMA

FREE GED CLASSES

The Pawnee Nation of Oklahoma Education Division has partnered with the State of Oklahoma to offer GED classes that are free to the public. Our class meets every Tuesday and Thursday from 5 p.m. to 8 p.m. Everyone is welcome, regardless of race or age. We have classes averaging from 10 to 15 people a night. If you are interested or know someone that would like to attend, please come by the Roam Chief Building and ask for Chris Hill.

ACT AND SAT PREP COURSE

The Pawnee Nation Education Division is developing an ACT and SAT prep course for the Native Youth. We need volunteers to help with this program. If you are interested in receiving these services please contact our offices at (918)762-2541, ext. 34 or 24; or if you would like to assist please give us a call.

PRESCHOOL EXPANDS TO NEW BUILDING

The Pawnee Pakoo preschool program is funded through the Office of Indian Education with a \$1.2 million grant for four years.

The purpose of the grant is to operate a school readiness program for 3 and 4-year-old Native American children.

Due to space issues, the program renovated the former IHS dental building and moved in on November 30, 2009.

This program currently serves 15 Native American preschoolers. For more info call the Center Director, Melissa Kozak at 918-762-3007.



PAWNEE BUSINESS COUNCIL MEETING NOTES

September 23, 2009 – PBC Meeting

The August 1, 2009 Quarterly Meeting minutes, and the August 14 and August 27, 2009 PBC meeting minutes were approved.

Dr. Laura Hubbs-Tait Contract (External evaluator for the Office of Indian Education Program) - approved.

Fire Grant Bids/Selection: Wayest Safety Bid for \$55,805.40 was approved.

There were 16 Resolutions for Enrollment. One for new applicants and documenting deceased and a separate one for another application for enrollment. There were two for Absolute Relinquishments and 12 Conditional relinquishments. All were approved.

There was a request to use the building in Dannebrog, NE for sale of art – approved.

Permission was granted for the Hollis Adams family to put a new fence at the South end of the West Cemetery.

Resolution #09-65 – NCAI membership and Delegates (all Council members) – approved.

October 30, 2009 – PBC Meeting

The minutes of the September 23, 2009 PBC meeting were approved.

Resolutions #09-69, 09-70 and 09-71 – Resolutions for Aid to Tribal Government, Indian Child Welfare and Diabetes grants from the BIA to be renewed. – approved.

The agriculture lease at Chilocco was discussed. Jerry Skidgel from the BIA was present. Committee assigned to research – Jim Fields, Marshall Gover, Elizabeth Blackowl, Roy Taylor and Charles Lone Chief.

The Transportation staff requested

approval to re-bid the Skedee Bridge Project – cost to rebid - \$6,500 – approved.

The Transportation staff also asked for approval to purchase equipment – an Asphalt Zipper for \$136,500.50 - approved.

Resolutions #09-72 and 09-73 were approved to appoint two Housing Commissioners. Joan Roberts was appointed to Seat #2 and Linda LeForce was reappointed to Seat #3.

Request from the Cultural Committee to transport Council Oak Tree from Nebraska to Pawnee - \$1,500 approved to cover the costs pending a breakdown of the expenses. Interview and Selection of Court Clerk – Sherrill Robedeaux was selected.

The PBC also revised the Fiscal Policies regarding the Budget – Item C to show the Pawnee Business Council is now the Budget Committee.

Approved by a vote of 4 for, 1 no, 1 abstain, 1 absent and one not voting (President Howell).

November 7, 2009 – Quarterly Meeting

Program Reports were heard by Council. No business actions were taken.

November 18, 2009 – PBC Meeting

The minutes of the October 30, 2009 PBC meeting and the November 7, 2009 Quarterly meeting were approved.

Three items were tabled – the Pawnee Nation Organizational Chart, a request to use tribal buildings and waive fees for Title VII Activities in 2010 and a Review of the Tribal Emergency Response Committee.

A request to recall Health & Community Services Division Director, Christi Schultz was approved.

PAWNEE BUSINESS COUNCIL 4th QUARTER 2009 RESOLUTIONS

#09-50 – Enrollment (40 applicants and document 9 deceased). APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-51 – Absolute Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-52 – Absolute Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-53 – Conditional Relinquishment APPROVED by a vote of 5 for, 2 against, and 1 not voting. September 23, 2009.

#09-54 – Conditional Relinquishment APPROVED by a vote of 5 for, 1 against and 2 not voting. September 23, 2009.

#09-55 – Conditional Relinquishment APPROVED by a vote of 6 for and 2 not voting. September 23, 2009.

#09-56 – Conditional Relinquishment APPROVED by a vote of 6 for, 1 against, and 1 not voting. September 23, 2009.

#09-57 – Conditional Relinquishment APPROVED by a vote of 4 for, 3 against, and 1 not voting. September 23, 2009.

#09-58 – Conditional Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-59 – Conditional Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-60 – Conditional Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-61 – Conditional Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-62 – Conditional Relinquishment APPROVED by a vote of 6 for and 2 not voting. September 23, 2009.

#09-63 – Conditional Relinquishment APPROVED by a vote of 6

for and 2 not voting. September 23, 2009.

#09-64 – Conditional Relinquishment APPROVED by a vote of 7 for and 1 not voting. September 23, 2009.

#09-65 – Membership to NCAI and Delegate and Alternates APPROVED by a vote of 6 for, 1 against, and 1 not voting. September 23, 2009.

#09-66 – Pawnee Nation Group Dwelling Coverage Program and Regulation Act - TABLED by a vote of 6 for and 2 not voting. September 23, 2009.

#09-67 – Drawdown Proceeds of Labor (Withdrawn at this time.)

#09-68 – Enrollment – EA – APPROVED by a vote of 4 for, 3 against, and 1 not voting. September 23, 2009.

#09-69 – ATTG – A resolution to submit a new contract for Aid to Tribal Government with the BIA. APPROVED by a vote of 7 for, 0 against, and 1 not voting (President

Howell). October 30, 2009.

#09-70 – ICW – For Submission of a contract renewal for Indian Child Welfare through the BIA. APPROVED by a vote of 7 for, 0 against, and 1 not voting (President Howell). October 30, 2009.

#09-71 – Diabetes – For Submission of a contract renewal for the Special Diabetes grant. APPROVED by a vote of 7 for, 0 against, and 1 not voting (President Howell.) October 30, 2009.

#09-72 – Appointment to Housing Commission – Joan Roberts is appointed to Seat #2. APPROVED by a vote of 3 for, 3 against, 1 not voting (Linda Jests) and President Howell voting yes to break the tie. October 30, 2009.

#09-73 – Appointment to Housing Commission – Linda LeForce is reappointed to Seat #3. APPROVED by a vote of 5 for, 1 against (Roy Taylor), 2 not voting (Linda Jests and President Howell). October 30, 2009.

THE BEAUTIFUL NUMBER BY ANTHONY D. DAVIS

Six hundred and thirty eight! That's it. That's the beautiful number. Write it down. Tell your kids and grandkids about it. Post it on your refrigerator to remind yourself of its beauty.

What makes 638 such a beautiful number?

What if I were to tell you that there was a remote tribe on the African continent whose membership once numbered in the tens of thousands? However, in the past decade, their population had been decimated to fewer than 1,000. They were continual victims of war, disease and starvation. What would you estimate their chances of survival? How could they fight without the adequate population numbers necessary to compete in such a dangerous world? Many would give them very little chance of making it. Most would make the reasonable assumption that the destiny of these unfortunate people and their culture was extinction.

On June 30, 1902, the US Government produced the annual census of the Pawnee Nation listing a total of 638 living Pawnee. (638! That's right, less than 700 Pawnee left in existence.) For a tribe whose estimated full strength population was 20,000, this news was shocking. All other Pawnee brothers and sisters were gone – victims of disease, warfare, starvation and loneliness. Only 638 Pawnees were left to carry the hope of our nation into the 20th century.

These 638 are our strength.

These 638 are our beauty.

These 638 are our Moms and Dads – our Grandmas and Grandpas. The tie that binds all Pawnee together lies in the actions of these 638. It's very simple; we are all directly related to these 638. Without them, we wouldn't be.

Historians during this time period

had given up on the Pawnee. They believed that the Pawnee people and their way of life were disappearing. George Bird Grinnell wrote in Pawnee Hero Stories and Folk Tales, "... they are few in number, poor, a prey to disease, a vanishing race (p.9)". Alex Lesser wrote, "A tribe of villagers, accustomed to living in earthlodges and tipis, and to maintaining themselves by digging stick cultivation of corn, beans and squash, and by hunting the buffalo had become a loose aggregate of people, living more or less in families on separate farm tracts, dependent for their maintenance on plow cultivation of the land, and in part on the philanthropy of their overlords, the United States Government (p.49, The Pawnee Ghost Dance Hand Game)." In the book This Land was Theirs, author Wendell H. Oswalt wrote, "The Pawnee suffered a loss of population both from diseases and from their enemies; this is a tribe that barely managed to survive (p.264)". The general historical consensus was that the Pawnee were a dying breed – a casualty of Manifest Destiny.

The 638 didn't let this happen. They fought for us and they fought for those who came before them. They survived, they lived, they built, and they persisted. They grew, they laughed, they loved, and they persisted. They made heroic sacrifices for themselves, their children and grandchildren, and for us. And they did this in the face of certain extinction.

Their actions showed unbelievable strength and incredible courage in the face of adversity. Take one moment to think about what the 638 were up against. Moved from their native Nebraskan home lands and relocated to Oklahoma, they endured a new, harsher climate and its obvious challenges. They had the uncooperative Oklahoman soil that didn't appreciate nor accept their corn like their native Nebraskan farmlands did. They encountered new Indian

neighbors, which meant new Indian friends and enemies. Their hearts were broken from the death of family members and friends, and from the destruction of villages and homelands. They were starving, virtually ignored by a government that turned its back on them. They encountered hostile whites wherever they went. Most nations would wither under these types of conditions. Most people would choose to surrender under these circumstances. This depressing state of affairs led the 638 to only one solution. They chose to fight. They chose to live... and over time, they turned 638 into 5,000.

My 638 is Running Scout and Eva Raymond. It's Katie Davis and George Weeks. I've never met

them, but like you, I've been raised by their sons and daughters, grandsons and granddaughters. I am thankful for what they have done because without them, I wouldn't be. Without them, my apat Harold or my Dad wouldn't be. Without them, my children, Ben, Sam and Ava, also wouldn't be.

The strength of a Nation comes from the strength of its people.

Tony Davis is an enrolled Pawnee member from Mukilteo, Washington. He teaches 8th grade at Voyager Middle School in Everett Washington. Any comments, please contact him at anthonyddavis@gmail.com.

| Number. | English Name. | Sex. | Relation. | Age. |
|---|------------------|------|-----------|------|
| 625 | Major Smith | M. | H. P. | 35 |
| 626 | Frances K. Smith | F. | Dau | 13 |
| 627 | Flora Smith | F. | Dau | 10 |
| 628 | Julius C. Smith | M. | Son | 6 |
| 629 | Dick K. Smith | M. | | 15 |
| 630 | William Mathews | M. | H. P. | 37 |
| 631 | Nannie Mathews | F. | wife | 20 |
| 632 | Wallace Mathews | M. | Son | 14 |
| 633 | Julia Mathews | F. | Dau | 13 |
| 634 | Minnie Mathews | F. | Dau | 4 |
| 635 | James Mathews | M. | Son | 30 |
| 636 | Wichita Jack | M. | | 62 |
| 637 | Hellie Pratt | F. | H. P. | 19 |
| 638 | Victoria May | F. | | 67 |
| Number of Males 18 years old. | | | | 186. |
| Number of females 14 years old. | | | | 222. |
| Number of Children between 6 & 16 years old | | | | 186. |
| Number of Males. | | | | 306 |
| Number of females | | | | 332 |
| Total | | | | 638 |

GREAT PAWNEE HISTORICAL FIGURES

PAWNEES: A TENACIOUS PEOPLE

tenacious adj. Holding or tending to hold firmly; stubborn; persistent in maintaining or adhering to something valued or desired.

The annals of American history are replete with stories of American Indian runners. In this modern world of aviation and automobiles, the distances and the speed at which Indians could run sound preposterous. Few today can imagine running 100 miles or more without stopping. Fewer yet would believe that anyone, much less an Indian, could outrun a horse or a buffalo, yet the historical literature abounds with such stories.

For example, Walter Hough described a Hopi Indian running 65 miles in eight hours from Oraibi Pueblo in the Arizona Territory to Winslow before turning around and running home. George Wharton James wrote in 1903 that on several occasions he had employed a young Hopi man to carry a message the 72 mile distance from Oraibi to Keams Canyon, and that he ran the entire way and back within 36 hours. Another Hopi, Letayu, carried a note from Keams Canyon to Fort Wingate and returned, covering over 200 miles in three days. Messages are one thing, but what about running with something heavier? In 1835, a correspondent to *The Spirit of the Times* newspaper told of a Native American who ran 100 miles in a single day carrying a sixty-pound bar of lead. Another wrote of a group of whites who bet on whether an Osage man could run 80 miles in a day. He left with a message from Fort Gibson at sunrise and returned with an answer before sunset.

What can explain such accomplishments and why are such stories not recorded by other world cultures? There are several possible explanations, the first of which is a single word, that is – tenacity. American Indians are the most tenacious people in the world, and the Pawnee people are probably the most tenacious of them all. Another reason can be explained by genetics and Darwin's selection of the species.

Europeans, Asians, and Africans benefited from horses for thousands of years before the first ones landed on the American mainland at Vera Cruz with Cortez in 1514. In 1541, Coronado's horses were the first the Pawnees ever saw, although they did not obtain any until the mid-17th century. Because Indians had no horses, over thousands of years they naturally evolved into a stronger human specimen than Europeans, Asians, and Africans. In the absence of horses, pre-Columbian North American Indian's only mode of transportation was walking, and if they wanted to get somewhere in a hurry, they ran. Consequently, Indians generally developed superior physical characteristics. On the other hand, because Europeans, Asians, and Africans benefited from the horse, they did not have to run great distances for transportation nor work nearly as hard, and consequently did not naturally develop the Indian's superior physical qualities or stamina.

What follows is a story about Pawnee runners and their indomitable and tenacious spirit. Running had many practical applications, such as travelling to make social calls, to conduct trade, to make war, or to deliver messages and replies, and incredible feats of running and endurance were commonplace.

Among Europeans, class distinction still lingered from Roman gladiatorial days and the rich maintained kennels of hybrid dogs, horses, and athletes. In England, foot racing had become popular by the 17th century, when footmen would race and their upper-class masters would wager on the result. By the 19th century "pedestrianism," as it was called, had become very popular. In Europe, accurate times for running the measured mile (1.609344 km) were not recorded until after 1850 when Leon Breitling's first mechanical stopwatches became available and the first precisely measured running tracks were built. In 19th century America, pedestrianism was not a sport among American Indians. It was a very serious way of life.

As much as Euro-centrics like to think they are the best at, discovered, or invented everything, there is indisputable

evidence that average American Indian runners made Europe's best runners appear lame by comparison, especially at running the measured mile.

In April of 1877, Big Hawk Chief, the Pawnee's greatest runner and a Pawnee Scout under Luther North, ran two sub-four minute miles at Sidney, Nebraska. Luther North and a gambler named Hughey Bean, among many others, bet on and witnessed Big Hawk Chief shatter the official European record. Luther North described the event in a letter to Robert Bruce in 1929, saying:

While at Sidney after coming down from the Dull Knife expedition, another man and I timed him, both with stop watches. He ran the first half in 2 minutes flat and the second in 1:58, or the mile in 3:58 – so much faster than ever done before that we didn't believe the track was right, and had it remeasured with a steel tape.

I had him run again. To this day no man has ever equaled it – my reason for believing that he was the fastest man on his feet, then or since. The Army surgeon at Sidney stripped and went carefully over him, stating afterward that Big Hawk Chief was the most perfect specimen of a man he had ever seen.

The best times recorded in 19th century Europe were run by professionals. In 1877, William Richards held the professional one mile record at 4:17 ¼ minutes while the amateur record was held by Walter Slade, who ran a one mile course in 4:24 ½ minutes. Walter George ran the official world's fastest 19th century mile at 4:12 ¾ minutes. Big Hawk Chief broke Richards' world record by 19 ¼ seconds and Slade's record by 26 ½ seconds. Had they actually run against one another Big Hawk Chief would have beaten Walter George by at least 100 yards.

Although Big Hawk Chief's time was not official, it is nonetheless remarkable that no non-Indian could break the four minute barrier until May 6, 1954 when Roger Bannister officially ran the mile in 3:59.4 minutes. Ken Bouc predicted in his July 1985 NEBRASKAland article that, "Big Hawk Chief would have

even beaten Roger Bannister, the modern hero, by at perhaps 10 yards."

Pawnee runners did not usually compete for running records or money. However, a challenge is a challenge and Pawnees sometimes goaded one another into running competitions, as Sun Chief did with Boy Chief in the Spring of 1870. George Byrd Grinnell wrote the following account in *Two Great Scouts*, as told



Sun Chief

him by Luther North. Sun Chief chided Boy Chief about being tired after a short 25 mile run. Boy Chief replied with a challenge to race Sun Chief the 85 miles back to Pawnee agency the next day.

Sun Chief promptly accepted the challenge, and they agreed that they would leave the rest of the party as soon as it got light in the morning and see which would get to the agency first. I told them I would go with them as far as the Platte river, which I should leave them and go to Columbus.

We started about three in the morning, and before daylight were trotting along the side of a hill... at about sunrise, Sun Chief and Boy Chief increased the pace, and the others slowly dropped behind, for the country was rough -- up hill and down -- and the day was hot. At ten o'clock we reached the Blue [river], more than forty miles from the starting point, and here Sun Chief made a mistake. He drank cupful after cupful of water. My boy sipped a little and poured several cupfuls over his head. In a few

GREAT PAWNEE HISTORICAL FIGURES CONT.

minutes Sun Chief got very sick and threw up the water that he had drunk, and after lying in the shade for a half hour, he said, he was ready to go on. I wanted to give my horse a little more rest, so we waited a while longer, and then started on.

We crossed the Platte river at Garner at two o'clock, and the distance from there to the agency was about fifteen miles, and almost all the way through the sand hills. I left the boys and rode down the river about eight miles to my sister's and the boys struck through the sandhills for home. I saw Sun Chief about a month afterward, and asked him how the race came out. He laughed and said, "He beat me. I had to stop and rest." But Boy Chief got home at five o'clock, and we had stopped on the Blue nearly two hours, so the actual running time was twelve hours, and distance 85 miles.

Despite the occasional challenge, running usually had more practical applications, such as travelling to make social calls, to conduct trade, to make war, or to deliver messages and replies, and incredible feats of endurance were performed as a matter of course. For example, in his book, *The Fighting Norths and Pawnee Scouts*, Robert Bruce repeated Luther North's description of a cross-country trip Big Hawk Chief made between two Oklahoma Indian agencies at about the same time as his record one mile run.

Koo-tah-we-coots-oo-lel-e-hoo La Shar (Big Hawk Chief), one of my favorites, was the fastest runner in the tribe and I believe in the world. One time in 1876 or '77 (either somewhat before or perhaps not long after our last trip north), he ran from Pawnee Agency to the Wichitas, a distance of about 120 miles, inside of 24 hours. The Wichita chief wouldn't believe it, and when the Hawk was ready to start home, asked if he could run back in the same time.

When he said he could, the skeptical chief sent a relay horse ahead about 60 miles and told the Pawnee that he would go along. They left at sunrise, the Wichita chief mounted and Big Hawk afoot. Before reaching the relay horse, the old chief's first one gave out.

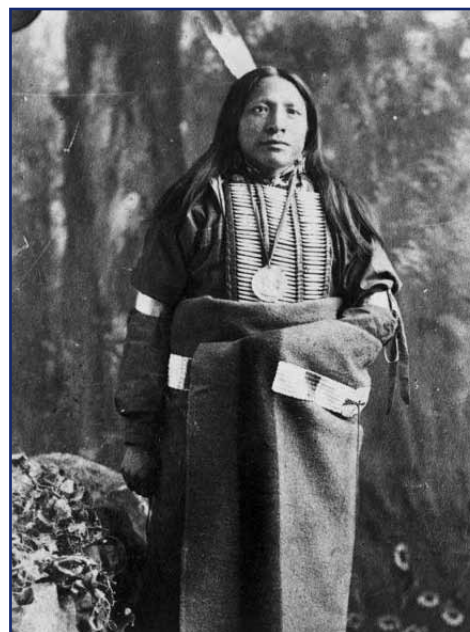
Big Hawk went right on, and the Wichita Chief saw no more of him that trip. Reaching the Pawnee village before sunrise, less than 24 hours after their start from the Wichitas, he found the great runner asleep in his own lodge. They said he came in during the night, maybe midnight, making those 120 miles in about 20 hours -- up and down hill, across country with numerous streams and other natural obstacles.

North makes an important point here which distinguishes Pawnee running from professional European running. He explains how the Hawk ran up and down hills, across streams, and leaves to the imagination the natural obstacles one might encounter at night during such a run. What is also amazing is that a human being could run next to a horse until the horse collapsed from exhaustion after 60 miles, and kept on running for another 60 miles. Although I can just imagine the Hawk's smug smile when the horse quit, he was no extraordinary Pawnee when it came to distance running.

As amazing as it may seem to us today, any Pawnee in good health could run such distances, and some even faster under emergency conditions, such as to save the tribe from starvation.

In his book, *The Pawnee Indians*, George Hyde recounted such an emergency. After walking from Nebraska to their new reserve (present day Pawnee County), most Pawnees were starving and had become sick with fever from the water. In the summer of 1876...

The people were so hungry and so eager to hunt that the chiefs kept young warriors stationed at Fort Reno, 100 miles west of the Pawnee agency, to report promptly if herds of buffalo appeared in that district, the only one in which the Pawnees were permitted to hunt. On one occasion two Pawnee buffalo scouts at Fort Reno, White Eagle (David Gillingham) and Dog Chief (Simon[d] Adams) went on foot, running most of the way, from the post to the Pawnee agency, 96 miles, between early morning and evening on the same day, to report the presence of buffalo.



Dog Chief
(Simond Adams)

As the story is told in my family, Dog Chief and White Eagle covered 100 miles between sunrise and sunset, probably around 14 hours. (As you may recall from the last issue of *Chaticks-Si-Chaticks*, Dog Chief was Crooked Hand's son.) Dog Chief placed a deer's gall stone under his tongue to generate saliva as he ran, which is still kept today in the Adams family. Those who were still strong enough hurried to Fort Reno to kill buffalo, and the tribe survived yet another crisis. Imagine running 100 miles, non-stop, in around 14 hours. Hard to imagine? To place this distance into perspective, imagine getting up one morning and running to Oklahoma City on a hot summer day and arriving before dark, or to Tulsa and back in time for supper.

Now, consider running 250 miles. In July of 1870, Luther North and seven Pawnees travelled to Fort Harker, Kansas to return 35 horses Big Spotted Horse had liberated from the Cheyenne the preceding fall. It took the group seven days to make the 250-mile trip from Nebraska to Kansas on horseback. The Pawnees took five days to return on foot as they were in no hurry. Luther North described their amazing daily progress:

We would start around 5 o'clock in the morning, and by 9 be 25 miles on the way, then lay over during the heat of the day, taking another 25-mile jog in the

evening. No matter how hilly it was, they would make those 25-mile jaunts in four hours...I rode a mighty good horse, but he had about enough the last day.

The running stories told so far have all been about adults, but children were also accomplished runners. According to an account by Luther North in *Grinnell's Two Great Scouts*, and in *Man of the Plains*, while carrying military dispatches to North Bend in 1864 North encountered a Pawnee boy who was running from the Pawnee town near Genoa to Fremont, Nebraska.

I was riding at a good jog trot and the boy trotted along with me. When I stopped at the stage station he asked, "Are you going to stay here all night?" and when I said "Yes," he said, "My father is camped on the river at Fremont and I am going there tonight," and as far as I could see him he was still running. That would be seventy-three miles from the Pawnee village and he had eaten nothing, and although the day was very hot he had taken only one drink of water. At the crossing of Shell Creek, where I stopped to water my pony, he dipped up a couple of handfuls of water and put them on his head, and then drank a very little, certainly not a glass full. This shows the endurance of the Pawnees. This boy was not one of their noted runners, but just an average runner.

As you can see, the Pawnee people are well documented for their superior running speed and endurance. We can also conclude from last issue's article about Crooked Hand that the Pawnee people were at least as well known for their ultra-fighting skills. What does all this mean? The answer can be reduced to a single word. That word is: TENACIOUS. The Pawnee people are indeed tenacious, and the proof that we are tenacious goes beyond just historical accounts. The ultimate proof lies in the fact that, against the odds, we are still here, and that we are still together as one people. I believe it is a fair statement to say, "We never give up."

Gordon F. Adams
November 19, 2009

HARVEST FESTIVAL 2009





PAWNEE NATION BEAUTIFUL

Health & Wellness

EDUCATE, MOTIVATE, AND MOBILIZE

World AIDS Day is observed every year on December 1st. The World Health Organization established World AIDS Day in 1988. World AIDS Day provides governments, national AIDS programs, faith organizations, community organizations, and individuals with an opportunity to raise awareness and focus attention on the global AIDS epidemic.

Below are a few Q&As regarding HIV and AIDS.

What is HIV? HIV stands for human immunodeficiency virus. This is the virus that causes AIDS. HIV is different from most other viruses because it attacks the immune system. The immune system gives our bodies the ability to fight infections. HIV finds and destroys a type of white blood cell (T cells or CD4 cells) that the immune system must have to fight disease.

What is AIDS? AIDS stands for acquired immunodeficiency syndrome. AIDS is the final stage of HIV infection. It can take years for a person infected with HIV, even without treatment, to reach this stage. Having AIDS means that the virus has weakened the immune system to the point at which the body has a difficult time fighting infections. When someone has one or more of these infections and a low number of T cells, he or she has AIDS.

Where did HIV come from? Scientists identified a type of chimpanzee in West Africa as the source of HIV infection in humans. The virus most likely jumped to humans when humans hunted these chimpanzees for meat and came into contact with their infected blood. Over several years, the virus slowly spread across Africa and later into other parts of the world.

How is HIV transmitted? The most common ways that HIV is transmitted from one person to another are: having sexual intercourse with an HIV-infected person; sharing needles with an HIV-infected individual; or from HIV-infected women to their babies before or during birth, or through breast feeding.

How does HIV cause AIDS? HIV destroys a certain kind of blood cell (CD4+ T cells) which is crucial to the normal function of the human immune system. Studies of thousands of people have revealed that most people infected with HIV carry the virus for years before enough damage is done to the immune system for AIDS to develop. Reducing the amount of virus in the body with anti-retroviral therapies can dramatically slow the destruction of a person's immune system.

How do I know if I have HIV? The only way to know if you are infected is to be tested for HIV infection. You cannot rely on symptoms to know whether or not you are infected. Many people who are infected with HIV do not have any symptoms at all for 10 years or more.

What could I do to prevent the spread of HIV? The following are ways you can take action in response to HIV/AIDS: (1) Get tested, (2) Practice safer methods to prevent HIV, (3) Decide not to engage in high risk behaviors, (4) Talk about HIV prevention with family and friends, and (5) Get involved in a World AIDS Day community event.

Researched From: Department of Health & Human Service @ www.hhs.gov/aidsawarenessdays author of *When the Stars Came Down to Earth: Cosmology of the Skidi Pawnee Indians of North America.*

CHR/EMS/HE UPDATES:

The CHR/EMS/HE Office has received our fiscal assistance monies and is ready to start taking applications. Our assistance programs are the Community Service Block Grant (CSBG) and Low Income Home Energy Assistance Program (LIHEAP). Below are descriptions of each program:

Community Service Block Grant (CSBG)-provides assistance to low-income Native American individuals/families with housing and/or utility deposits (no bills) and medical expenses (eyewear, dentures, and medications). The maximum amount of assistance is \$100.00 in a calendar year. Clients must reside in Pawnee County, but do not have to be a member of the Pawnee Nation.

Low Income Home Energy Assistance Program (LIHEAP)-provides assistance to low-income Native American households in meeting their immediate home energy needs. LIHEAP monies can be used to pay for electricity, gas, or propane bills. The maximum amount of assistance is \$100.00 in a calendar year. Clients must reside in Pawnee County, but do not have to be a member of the Pawnee Nation.

Applications for the above assistance programs can be mailed, faxed, or picked up at the CHR/EMS/HE office during regular office hours, 8:00am to 5:00pm., Monday through Friday.

Should you have any questions, please feel free to contact the Pawnee Nation CHR Program at (918) 762-4641.

MEDICARE PART D OPEN ENROLLMENT

It's once again that time of year! Medicare Part D open enrollment begins November 15 and runs through December 31, 2009. During this time, Medicare beneficiaries can enroll in or change their Medicare prescription drug (Part D) plan. Now is the opportunity to reevaluate your prescription drug needs for 2010. The Pawnee Indian Health Center has two Patient Benefits Coordinators that would be happy to help Medicare

patients navigate their prescription drug needs. Gertie Lee and Alyssa Goodfox are both licensed Medicare Prescription Drug Plan counselors and State Health Insurance Program counselors through the Oklahoma Insurance Department. Please feel free to contact either of the Patient Benefits Coordinators at the Pawnee Indian Health Center located at 1201 Heritage Circle in Pawnee or by telephone at (918) 762-6632 or (918) 762-6645.



Oklahoma Tobacco Helpline

1

800

QUIT

NOW

Health & Wellness

GET THE FACTS ABOUT DIABETES!

There are many myths about diabetes that make it difficult for people to believe some of the hard facts. These myths can create a picture of diabetes that is not accurate and full of stereotypes and stigma. Get the facts about diabetes and learn how you can stop diabetes myths and misconceptions.

Myth: Diabetes is not that serious of a disease.

Fact: Diabetes causes more deaths a year than breast cancer and AIDS combined. Two out of three people with diabetes die from heart disease or stroke.

Myth: If you are overweight or obese, you will eventually develop type 2 diabetes.

Fact: Being overweight is a risk factor for developing diabetes, but other risk factors such as family history, ethnicity, and age also play a role.

Myth: Eating too much sugar causes diabetes.

Fact: No, it does not. Type 1 diabetes is caused by genetics and unknown factors that trigger the onset of the

disease; type 2 diabetes is caused by genetics and lifestyle factors. Being overweight does increase your risk for developing type 2 diabetes, and a diet high in calories, whether from sugar or from fat, can contribute to weight gain.

Myth: People with diabetes should eat special diabetic foods.

Fact: A healthy meal plan for people with diabetes is generally the same as a healthy diet for anyone – low in fat (especially saturated and trans fat), moderate in salt and sugar, with meals based on whole grain foods, vegetables and fruit.

Myth: If you have diabetes, you should only eat small amounts of starchy foods, such as bread, potatoes and pasta.

Fact: Starchy foods are part of a healthy meal plan. Whole grain breads, cereals, pasta, rice and starchy vegetables like potatoes, yams, peas and corn can be included in your meals and snacks. The key is portion size. For most people with diabetes, having 3-4 servings of carbohydrate-

containing foods is about right.

Myth: People with diabetes cannot eat sweets or chocolate.

Fact: If eaten as part of a healthy meal plan, or combined with exercise, sweets and desserts can be eaten by people with diabetes. Living with diabetes does not have to mean feeling deprived or restricted.

Myth: If you have type 2 diabetes and your doctor says you need to start using insulin, it means you are failing to take care of your diabetes properly.

Fact: For most people, type 2 diabetes is a progressive disease. When first diagnosed, many people with type 2 diabetes can keep their blood glucose at a healthy level with oral medications. But over time, the body gradually produces less and less of its own insulin, and eventually oral medications may not be enough to keep blood glucose levels normal.

Researched From: American Diabetes Association @ <http://www.diabetes.org>

TITLE VI PART-C

The Title VI Part-C, Outreach Caregiver Program offers assistance and information for caregivers caring for their loved ones and/or for clients.

Jacqui Sanders, Outreach Coordinator with Life Adult Day Center, Stillwater, OK visited with Title VI personnel and a group of elders to give information on the Respite Voucher Program. The Respite Voucher Program provides financial assistance to caregivers in the form of vouchers that can be used to pay for respite care so the caregiver can take a break.

Depending on availability of funds, the approval process may take several weeks. Once approved, vouchers will be issued by DHS and sent to the applicant.

This and other information can be given out by calling the Title VI office at (918) 762-4042. Office hours are Monday – Friday 8:00 a.m. until 4:30 p.m.

TITLE VI PROGRAM UPDATE

By Sidra Atsye, Title VI Senior Program Director

The Title VI Senior Program has been very busy this past month transporting our elderly participants on monthly shopping trips, field trips, attending health fairs, providing nutritional education, blood sugar checks and attending cultural dinners hosted by other Title VI Senior Programs. Over the past years, as the Title VI Director I have witnessed an increase in our activity participation significantly and more of them are taking an interest in staying active and healthy in their lifestyles. A lot of the elders who participate in the activities enjoy the walking, enjoy getting out of town for a day or enjoy one an-

other's company.

Last month the elders took a trip to the Gilcrease Museum in Tulsa, Oklahoma and viewed the beautiful Native American art and beadwork that was on display. There was so much to look at that everyone got an eye full. Those who participated got to receive free admission to the museum as well as an Introductory Charter membership card that allows free admission up to a year. After their visit to the museum, they ate lunch at the new Hard Rock Casino in Catoosa, Oklahoma where they were greeted at the door with Hard Rock beads and a \$10 dollar free play by the Motor Coach Coordinator, Deanne Donnelly and 3 of her staff members. We would

like to thank the Gilcrease Museum and the Hard Rock Casino for a fun-filled day!

On November 10th the Elders Advisory Board held a meeting in the Title VI dining room from 12:30 p.m. – 1:30 p.m. to discuss activities and fund-raisers for the next month to come. They have scheduled a raffle for a lovely Native American picture, donated by one of the elders, to sell chances on to raise money for the Christmas party on December 16th. The winner for the painting raffle will be drawn at the annual Christmas party. Also, if you see an elder selling tickets for a 50/50 raffle, then take a chance and buy one. All proceeds received go towards the elder's activities, holi-

day parties, Christmas gifts, bingo prizes, and the 2010 Elders conference.

All Advisory Board meetings are open to everyone who wants to attend and Title VI meals is open from 11:30 am – 12:30 pm so if you have any questions, comments or suggestions about the Title VI Program we would love to hear them.

These are just some of the things the elders have been up to; BUT if you would like to know more about the Title VI Senior Program and what services we provide, we would be more than happy to assist you. Contact the office at 762-4042 Monday through Friday 8:00 am – 5:30 pm.

JESSICA MOORE RECOGNIZED AS ONE OF OSU'S SENIORS OF SIGNIFICANCE



Jessica Moore, has been selected as one of OSU's Seniors of Significance. This is a very prestigious award, in which 45 seniors are selected based on their leadership, academic performance and community activities, and represents the top 1% of the 2010 graduating class. She will graduate in May with a major in Landscape Archi-

ecture with emphasis on Design, minor in Art and a certificate in Environmental Studies.

Jessica and her class recently returned from Taos where they designed for the Art Museum. She has already designed for Cherokee Nation day cares, Integris Hospice, OSU Tulsa entranceway, and recently received an award from the American Society of Landscape Architects and is a Lew Wentz research scholar.

In October she received one of the INPRO 40 under 40 awards, which is a national leadership award given by the National Center for American Indian Enterprise Development. She is also on the cover of the October edition of the new Dreamcatcher Magazine and is featured in an article inside.

Jessica is President of Alpha Pi Omega, the native women's sorority at OSU, is a member of the Multicultural Greek Council, was on the OSU Presidential Search Committee, and has been President of the Native American Student Association and Vice President of the American Indian Science and Engineering Society.

Jessica has served as the Otoe-Missouria Tribal Princess, the Osage Tribal Princess, Miss American Indian Exposition, and the OSU Princess, among other titles. Jessica is Pawnee, Osage, Otoe and Sac & Fox.

Jessica served as Miss Indian Oklahoma 2007-08 and was honored to receive an Oklahoma Spirit Award in 2008 for her leadership among youth. She remembers the Pawnee Title VII Indian Education and PANI HOPE had a hand game honoring her during her reign as Miss Indian Oklahoma. She is very grateful for the support and is proud to represent the Pawnee Nation.

Jessica is the 24 year old daughter of Ted and Terry Mason Moore. Ted is the Division Director for the Planning Department at the Pawnee Nation and Terry is an Associate Justice on the Pawnee Nation Supreme Court. She is the great granddaughter of the late Sidney Sr. and Pearl Peters Moore, and the granddaughter of late Ted and Dycie Bravescout and the late Thomasine Moore.



**Happy Birthday Mom!
We love you!**

Elise, Connor, Braden, Herman, and the rest of the gang.

**HAPPY BIRTHDAY
Daddy!!!**

**Lots of Love and
Birthday wishes to
Jamie Morrison**

**Love always: Ella,
Quannah and
Nipawset Albin**



*Merry Christmas and Happy New Year!
From the Pawnee Nation*

CONGRATULATIONS TO JOSEPH SPRINGER III

Joseph Springer III, 16, Otoe-Missouria, Pawnee and Omaha, is a junior at Lawrence High School in Lawrence, Kansas. He is a member of the Lawrence High cross/country team, who won back to back state titles in class 6A. (2008/2009) Joseph also qualified for All-State honors by finishing in 14th place with a time of 16:31 in the 5K race held at the University of Kansas Rim Rock Farm in Lawrence, Kansas. Joseph also finished in 6th place the Regional Cross/Country Championships held at Haskell Indian Nations University on Oct. 24th to qualify for the state championships with a time of 16:13. Joseph was one of 3 from Lawrence High School who was named to the All-Area Team. Lawrence High won the team championship at regional's which qualified them for state as a team.

Joseph was named team captain for next year's team. Joseph's sister Jacy Springer, 14, Otoe-Missouria tribal member is also a member of the Lawrence High School Cross/Country team. Jacy is the only freshman from Central Junior High School to run for Lawrence High as a freshman. Joseph & Jacy are the children of Galen B. Springer, Lawrence, Kansas and Vera J. Lyons, Pawnee, Oklahoma. Joseph's grandparents are the late Joseph Jr. & Anna Mae Bassett Springer, and the late Horace & Marcella Smith Lyons. We are very proud of the accomplishments these two student-athletes bring to our community and for our Otoe-Missouria and Pawnee relatives in Oklahoma.



COMMUNITY HIGHLIGHTS

QUANNAH MORRISON RECEIVES STUDENT OF THE MONTH AWARD

Quannah Morrison was student of the month Sept/Oct for his Kindergarten class at Greylock Elementary school. He is five yrs old and enjoys school, playing hockey, basketball, baseball and soccer.

Quannah also likes cheering for the Redsox, Celtics, Bruins and NE Patriots. He also enjoys playing with his little brother Nipawset Albin. Quannah is the son of Jamie Morrison and Ella Mae Jake-Blackowl of North Adams, Ma and the grandson of Elizabeth Blackowl of Pawnee, OK and Rene and Jannine Verhaegen of North Reading, MA.



PNC RECRUITS IN VEGAS

Pawnee Nation College's, Staci Glyckherr, Director of Admissions, and Marcie Stephenson, Admissions Assistant, with Kareem Abdul Jabar, Hall of Fame basketball player and the all-time leading scorer in NBA history at the NIGA conference in Las Vegas, where they were recruiting for both the ONLI and TGRI Programs for Pawnee Nation College.

The PNC admissions team, Staci Glyckherr, Marcie Stephenson and Andrew Gray, met with over 150 people and discussed the College's educational opportunities.

The trip was a success, as the College's training program will be endorsed by National Gaming Regulators in addition to NIGA.

FAMILY TREE GENEALOGY MAGAZINE SELECTS PAWNEE FAMILY PHOTO FOR CALENDAR



By Theda GoodFox Kresge

Family Tree genealogy magazine, Cincinnati, Ohio - issued a call for photos of ancestors to use on the cover of their anniversary issue in January.

I submitted the above picture - although it was not picked for the cover, they responded with a request to use it in their 2010 desk calendar.

It is a picture of my grandparents [who were also grandparents to several cousins in Pawnee, etc.] but for me - they were like my parents - I was their first and only grandchild for 5 years - then others began dropping into the genetic pool!

I had to submit background info for the picture - had to estimate date photo was taken, etc. but the main story was the following:

Re: Why I chose ~ the picture is the only one I have of my grandparents who were like my parents - my father died when I was two - my mother and I then lived with them.

They were like my proto-parents; I was their first grandchild and the only one for five years until others came along.

They were full-blood Pawnee Indians. [I am too]

It was not uncommon in my Pawnee tribe for grandparents to be most involved and of strong influence in the rearing of the grandchildren.

My Grandfather was Buffalo Chief and was 10 or 11 years old when the tribe was removed from Nebraska to Oklahoma in 1874. He took the English name William Mathews when an enrollment of tribal members was done by the federal government in preparation for the land allotments; before the Oklahoma Land Run in 1889. My grandmother was born in Oklahoma. Recording of ages was not done in our tribe - and ages are estimates.

My grandmother's name was Nannie Lillie Curly Chief. Her father was Curly Chief who also made the tribal removal from Nebraska into Oklahoma.

My grandparent's marriage was an arranged marriage. It was his second after his first wife died. My grandmother always said that she was 13 or 14 years old when taken out of the government boarding school by her relatives to be married to William. He was 17+ years older than Nannie when they were married. She did not know him.

My grandmother had learned to sew; I think she made her dress, as well as their daughter Minnie's dress. Note the shawl on my grandmother, the women in our tribe wore shawls whenever they were out and about.

The two children behind them are Wallace and Julia from his first marriage. They died in young adulthood.

Their first child Minnie is standing by Grandpa; [she died at 13 while at the government boarding school].

My grandmother is holding their first son Phillip; she must have been 17+ at the time of the picture.

The picture is estimated to have been taken in 1903 or 04 and may have been done in Pawnee county in Oklahoma.

A thank you to Family Tree Magazine for choosing my grandparents picture; it is truly an honor for me and the descendents of William and Nannie.

Pawnee Nation Angel Tree



This year, an Angel Tree will be going up in Building 64 to help Pawnee children that otherwise, may not get a Christmas. An Angel Tree is a tree with little paper girl and boy ornaments dangling from all over the tree. Written on the front of the paper ornaments is what size of clothes that they wear and what toys they would love to have for Christmas. There are 10 Pawnee foster children currently in custody that DHS does not fund for.

ICW always tries to buy what they can, but this year they have such a large case load that these children would not be getting everything they need and would not have an adequate Christmas. We are urging both the tribal members and the community to take part in the Angel Tree and help give these children a Christmas that they deserve.

TRANSPORTATION NEWS

By Jim McCormick

The Transportation Dept. would like to announce the result of the Skedee Bridge Project bid opening on November 12, 2009 at 2:00 P.M. The Pawnee Nation Transportation Department received four bids on the project with the Low Bid from Plains Bridge Co., in the amount of; \$946,073.33.

A formal award will be announced upon final Bid Tabulation by our Engineering Firm--Brawley Engineering. We anticipate work to begin in early January 2010.

The Project is located two miles east of Skedee, over Black Bear Creek, on E/W County Road 0440. The Project will approximately take seven months to complete, without traffic being detoured during construction of the bridge.

ENERGY CONSERVATION FOR THE PAWNEE NATION



Ground Source Heat Pump being put into the Health and Community Center

Phillip Cravatt, Environmental Scientist, Pawnee Nation DECS

Due to increases in costs from the regional electricity supplier, the City of Pawnee raised the electric rates 11.95% as of January 1, 2010 and Indian Electric raised electric rates 5% in May 2009. These rate increases, combined with the opening or expansion of existing buildings and new construction, makes the need to conserve energy imperative. Therefore, the Pawnee Nation

is currently implementing an energy plan to utilize environmentally safe and secure energy sources that are also economically beneficial.

The renewable resources that the Pawnee Nation is interested in developing include solar energy, wind and geothermal energy.

Currently, the Pawnee Nation is working on two ground source heat pump projects (gshps). First, the Health and Community Center

(former IHS Clinic) is undergoing construction of its gshps in December of 2009. Next, The Roam Chief building will undergo construction of its gshps 2010. The Pawnee Nation regards these projects as a major step toward energy conservation and developing an environmentally friendly, self-sustaining energy program.

To conserve energy, the Pawnee Nation has taken several steps to become more energy efficient. First, the International Energy Conservation Code is followed during new construction and renovation projects. Also, energy analysis is underway to critique energy usage for each building in the tribal complex. Finally, solar and wind resources are being evaluated as possible sources for generation of electricity for use by the Pawnee Nation.

Energy Conservation Tips:

- Know how your energy is being used by tracking energy costs.
- Turn off lights if you're going to leave a room more than 15 min-

utes.

- Turn off equipment that is not in use.
- On weekends turn off office equipment.
- When you replace lighting install energy efficient fluorescent or light bulbs.
- Buy energy efficient equipment and home appliances.
- Set your thermostat to 68 degrees during winter months, and for businesses 55 degrees on weekends.
- Open blinds/curtains to and let the sun warm your home and offices.
- Perform routine maintenance on home and office equipment.
- Change filters in heating and cooling units on a regular basis.

For additional information, contact Phillip Cravatt at pcravatt@pawneenation.org.

PATTY IRON CLOUD NATIONAL NATIVE AMERICAN YOUTH INITIATIVE

The Association of American Indian Physicians (AAIP) is now accepting applications for the 13th annual Patty Iron Cloud National Native American Youth Initiative (NNAYI), which will be held in our nation's capital, June 19-27, 2010. Native American high school students, ages 16 – 18, who have an interest in the health profession or biomedical research are encouraged to apply.

The NNAYI Program is designed to educate high school students about the various careers in the health profession and biomedical research. "Exploring the health field through NNAYI is a tremendous opportunity for Native high school students interested in pursuing a health career," says Margaret Knight, AAIP's Executive Director. "NNAYI's cur-

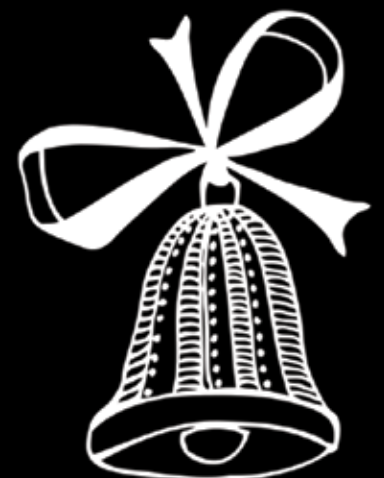
riculum is strategically designed to prepare students for admission to college and professional schools, as well as for careers in health and biomedical research."

During interactive workshops, students increase their skills in leadership; communication, studying and testing, networking, professional behavior, interactive learning, and time management. AAIP member physicians and health professionals serve as role models for the students and offer insights into their respective health fields, including: medicine; pharmacy; dentistry; public and allied health; biomedical research; health policy development; and more. Students also learn about opportunities for mentoring and shadowing with AAIP member physicians.

To accompany the students during the program, NNAYI is currently accepting counselors to serve as chaperones and role models. Native American college students in health programs are encouraged to apply. Counselors receive all expenses paid, as well as a stipend at the end of the trip.

Application deadline for high school students is April, 16, 2010 and for counselor application is March 5, 2010. For more information contact Lucinda Myers, MSW, at the Association of American Indian Physicians at (405)946-7072, or e-mail lmyers@aaip.org. Applications may be downloaded from the AAIP web site at <http://www.aaip.org>

Happy Holidays
from the
Pawnee Nation!



Oleta Joan Stoops

September 3, 1929 - October 15, 2009

Funeral services were held on Monday for Oleta Joan (Grey) Stoops, 80, Cabool, Missouri, who passed away at her home on Thursday, October 15.

She was born in Fairfax on September 3, 1929, to Henry Thomas and Mary Jane Moses. She graduated from Pawnee High School in 1948 and was an enrolled member of the Pawnee Indian Nation.

She was united in marriage in Cleveland, Oklahoma, to Theodore Stoops on December 22, 1951. To this union of 57 years were born 6 children: Connie, Steven, Timothy, Andrea, Catherine and Pamela.

After their marriage the first lived in Wichita then in Dodge City, Kansas. The family moved to West Plains, Missouri in 1976 where they purchased the Sahara Motel. They built and operated Hyways and Byways Christian Bookstore on north highway 63 in West Plains for several years. They retired in 1995 and moved to Cabool.

Oleta was dedicated Christian and enjoyed Bible study, church and Christian fellowship. She attended Calvary Temple Church in Mountain Grove, Missouri. She enjoyed playing Chinese checkers and dominoes and was a fierce competitor. She made a quilt for each of her grandchildren and enjoyed cooking and caring for her family and they say she made the best peanut brittle and corn bread dressing in the world, and her grandchildren always knew that her prayers followed them wherever they went.

Surviving is her husband, Ted Stoops, of the home in Cabool and 6 children: Connie Swartz and husband Rick of Beatrice, Nebraska; Steve Stoops and wife Sue of Phoenix, Arizona; Tim Stoops and wife Trish of West Plains; Cathy Evans and husband Randy of Garden City, Kansas and Pamela Clemments and husband Paul of Rapid City, South Dakota plus 15 grandchildren and 11 great grandchildren and a 12th to be born soon.

She was preceded in death by her parents and brother, Raymond "Sonny."

Funeral services were held on Monday, October 19, at Calvary Temple Church, Mountain Grove, MO. with Pastor Bill Morris officiating. She had 16 pallbearers, all of them her grandchildren. Interment was in the Howell Memorial Park Cemetery, Ponomo, Missouri, under the direction of Elliot-Gentry-Carder Funeral Home of Cabool.

Frieda A Shuckakosee

July 9, 1947 - October 21, 2009

Funeral Services were held here on Saturday morning for Frieda A Shuckakosee, 62, who died on Wednesday, October 21, at Tulsa.

She was born on July 9, 1947, in Pawnee to Fred Johnson and Regina Moore Wilson.

Surviving is her mother Regina Moore and 5 children: Carol Dollie Johnson, Gwendolyn No Ear Chibitty; Jack No Ear; Harrison No Ear, Jr. and Billy Wayne Wildcat.

Great grandchildren surviving include: Jaidyn Spotted Wolf; Christopher No Ear; Taylor Vaughn; Kamry No Ear; Dexter No Ear; Ethan Wildcat and Evan Wildcat plus a number of other relatives and friends.

Funeral services were held on Saturday, October 24, 2009, at 11:00 a.m. at the Pawnee Nation Multi-Purpose Complex with the Rev. P.J. Beard officiating. Interment was in the North Indian Cemetery in Pawnee under direction of the Poteet Funeral Home of Pawnee.

Phyllis Sadie Gonzales

August 31, 1928 - October 26, 2009

Lifetime Pawnee resident Phyllis Sadie Gonzales (Stakowiwa), 81, passed away at a Tulsa hospital on Monday, October 26, 2009.

She was born in Pawnee on August 31, 1928, to Colonel Moore and Dollie Sherman (Justice) Moore and passed away on Monday at the St. Francis hospital in Tulsa. She married Howard Gonzales on December 29, 1949 in Pawnee and he preceded her in death on June 4, 1968.

Sadie was raised in the Native American Church as her father held the position of roadman. She studied the Bible with Jehovah Witnesses which she greatly had affection for pioneer, Minnie Cooper. She worked for many years in the cafeteria of the Pawnee Living Center and the Southern Oaks Care Center.

She was a full blood Pawnee of the Pitahauerat, Chaui, and Kitkehaki bands and had a love and respect for her culture and traditions which she related to her children.

Sadie is survived by her 5 children: Phyllis Gonzales, Dollie Gonzales, Janet Gonzales, and Sherman Gonzales, all of Pawnee and Dena Dishman of Pratt, Kansas.

Also surviving are 8 grandchildren: Amy, Cami, Mia, Susan, Ryan, Don, James, and Joshua, plus 2 great-grandchildren: Sophia Toalson and Michael Dishman.

Plus a sister, Regina Wilson, Pawnee, and a number of relatives and other friends.

Preceding her in death, was her husband, Howard, and her parents, Colonel and Dollie Moore; Son Howard P. Gonzales; daughter Susan Gonzales; brother Wilson Moore and sisters Elizabeth Horsechief, Verona Horsechief and Dena Littlesun, and her grandson, Kyle Dishman.

Graveside services were held at 10:30 a.m. on Wednesday, October 28, 2009 at the North Indian Cemetery, Pawnee, under the direction of Poteet Funeral Home of Pawnee.

Obituaries



5TH ANNUAL BIKES FOR TYKES CHRISTMAS PARTY

The Pawnee Nation and other partners have teamed up with Al Thayer for the 5th Annual Bikes for Tykes Christmas Party.

This free family event will be December 18 from 6-9 p.m. at the Pawnee Nation Roundhouse. Children aged 0-14, will receive a Christmas gift, along with a chance to win a new bike. There will be food, fun and games for the whole family.

The Marine Toys for Tots Foundation donated 200 gifts, but to make the event an even better success, the program is asking for 200 more donations and volunteers. For more information, contact Al Thayer at 918-399-9041 or Chris Hill at 918-762-2541 ext. 34.

PAWNEE IHS NEW PATIENT PROCEDURES

If you are a new patient, it is easy to establish a chart, but the following items are required:

- Picture ID
- Social Security card
- Insurance cards (both front and back copies)

Adults and children:

- Certificate Degree of Indian Blood (self, parent or spouse)
- Children using a parents CDIB must have a State issued birth certificate
- and/or Proof of Tribal enrollment
- Picture ID
- Social Security card
- Insurance cards (both front and back copies)

All children and expecting mothers who are new will need to visit with Patient Benefits coordinator to enroll for Oklahoma Soonercare/ Medicaid.

Starting October 7, 2009 operating hours are Monday- Friday 8:00am-4:30pm, to be seen in the Medical Clinic you must check in before 3:30pm.

Pregnant non- Indian women:

- Certificate Degree of Indian Blood (Child's Father)
- and/or Proof of Tribal enrollment
- Marriage License or notarized
- Paternity Affidavit
- Proof of Pregnancy (letter from Doctor, Health Department, or Ultrasound picture)

We have also begun immunizing our patients over age 18 against seasonal Flu (Influenza), all children over 6 months old are urged to receive flu shots. Children's vaccine will be available within 30-45 days. You can receive a flu shot any day of the week by checking in at registration.

PAWNEE NATION STAFF DIRECTORY

BUILDING 64: 762-3621

- Executive Office
- Pawnee Business Council
- Finance
- Human Resources
- Grants & Contracts
- IT Department
- Tribal Planner/ANA SEDS
- Communications
- ICDBG/Health Center Project: 762- 3621

PAWNEE NATION COLLEGE

- Albin Leadingfox Building: 762-3343

TRIBAL DEVELOPMENT CORPORATION: 762-4832

I.H.S. HOUSEKEEPING: 762-3605

FAMILY DEVELOPMENT CENTER

- Fitness Center: 762-3000
- Hukasa Child Center: 762-3007

PAWNEE NATION HOUSING: 762-3454

SUBSTANCE ABUSE PROGRAM: 762-2153

BUILDING #1: 762-3624

- Tax Office/Enrollment Office
- Repatriation

PAWNEE TRIBAL COURT: 762-3649

WELLNESS CENTER

- REACH US 2010: 762-6495
- Title VI: 762-4042
- 0-2- Day Care: 762-2489
- Indian Child Welfare: 762-3358

ROAM CHIEF BUILDING: 762-2541

- Diabetes
- Education & Training
- CHR's
- Food Distribution

FIRE STATION

- Pawnee Nation P.D.: 762-3013
- DECS/ Transportation: 762-3655

PROPERTY/ROADS: 762-2273

VON DEL CHAMBERLAIN GIVES LECTURE OVER PAWNEE STAR CHART

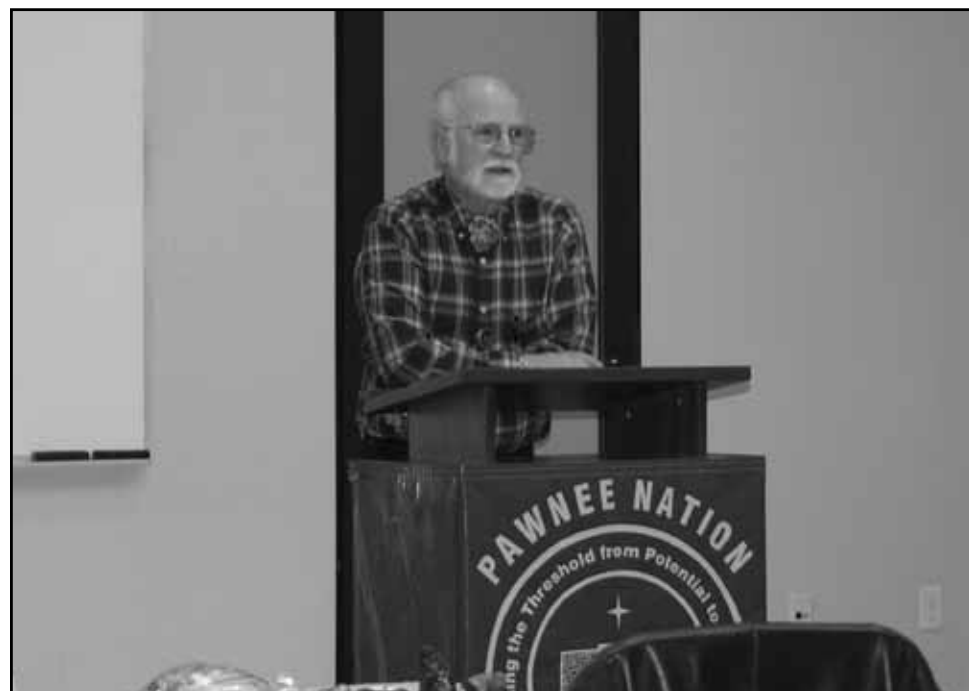
By Elise Peters

On September 10, Von del Chamberlain, author of "When the Stars Came Down to Earth: Cosmology of the Skidi Pawnee Indians of North America," gave a lecture and presentation about the Pawnee's belief of the stars.

Chamberlain showed slides of Pawnee families from the past, pictures of stars and groups of stars, and also places that the Pawnees lived before they were removed from their Nebraska homeland to Oklahoma. He showed how the earth lodge was an essential part of viewing the stars, how the placement of every log had a role, and how the direction lodge faced was an important part

of the process of reading the stars. Pawnees even relied on the stars to determine when to plant their crops during the spring and summer months.

He also gave a presentation on the "Map of the Heavens" that the Pawnee people had drawn onto a buffalo hide used to create a bundle. This map to the stars showed everything from the Pawnee Nasharo council, to the Pawnee chief, to the story of how Pawnee people had come into existence. Chamberlain helped his audience develop a better understanding of the stars, and reminded listeners of the historical importance of the stars to the Pawnee way of life.



PAWNEE NATION'S DIVISION OF NATURAL RESOURCES AND SAFETY



By Phillip Cravatt, Environmental Scientist, Pawnee Nation DECS

In recognition of the importance of educating today's youth and preparing them for the future, the Division of Natural Resources & Safety launched Environmental Outreach and Firefighter Outreach Programs.

The Environmental Outreach program explains what constitutes a pollutant; explains about macro invertebrates; and, explains how pollutants and micro invertebrates affect the health of aquatic systems. Under the guidance of the DECS staff, children set up the experiment, collect bugs, analyze the data

and come up with conclusions about the condition of the ponds they are testing. The goal is to help students become aware of how their actions affect their environment.

The Firefighter Outreach program allows children to explore the Fire Station and see the equipment used to fight house and grass fires, hazardous material and rescue equipment. Also, firefighters travel to local daycares, so smaller children have exposure to people who someday might help them. Through the Firefighter Outreach Program, children are given hats and fire safety information that explains the dangers of fire.

TITLE VI PROGRAM RECIPE

This is one of the meals that we serve at the Nutrition site and had many requests for this recipe. It is very simple to make and great for gathering with the family. If there is something on our monthly menu that you enjoyed and would like a recipe please let us know and we will be happy to assist you.

TATER TOT CASSEROLE RECIPE

YIELDS: 12 SERVINGS
PREP TIME: 20 MINUTES
COOK TIME: 25 – 30 MINUTES

INGREDIENTS

2 pounds Ground beef
1 bag (32 ounce) Tater Tots (you can use two-optional)
2 (10.75 ounce) cans Condensed Cream of Mushroom Soup
2 2/3 cups Skim Milk
2 teaspoons Onion Powder
1 teaspoon Garlic Powder
1 teaspoon Pepper
Salt to taste
1 1/2 cups Shredded Cheddar Cheese - optional

DIRECTIONS

1. Brown the ground beef in the skillet. Drain then add Onion Powder, Garlic
2. Powder, Pepper and Salt to taste. Mix well.
3. Spread ground beef mixture on the bottom of the greased casserole dish. (9x9 dish)
4. Cover the ground beef with layers of tater tots. Set aside.
5. In a bowl, mix together Cream of Mushroom Soup and milk until well incorporated.
6. Pour the soup mixture over the tater tots and sprinkle the top with shredded cheddar cheese.
7. Bake in preheated oven at 375 degrees for 25 – 30 minutes until tater Tots are browned.

ENROLLMENT NEWS

Happy Holidays to you and your families!

First, I would like to introduce the new Enrollment Administrative Assistant, Karen Haymond. She is making a huge contribution with her presence, and I am looking forward to working as a team with her in meeting Pawnee Nation tribal member's enrollment needs.

We have forty new Pawnee Nation tribal members, who were enrolled on September 23, 2009 by Resolution #09-50 from the Pawnee Nation Business Council. We are currently processing new applications to be tentatively enrolled during December 2009. Applications received after November 23, 2009 will be processed during the first quarter of 2010.

All tribal members enrolled as of August 1, 2009 will receive a \$9.47 annuity check. The checks were mailed out 12/03/09 via USPS. If you know of any family or friends that did not receive their annuity check, please ask them to contact the Enrollment Department or give them the fol-

lowing information. Addresses that have been undeliverable from previous mailings, will not be mailed out. These annuity checks can be picked up at the enrollment department or mailed after the address is updated.

Please update your and/or your child's address by doing one of the following: stop by the enrollment office to update an address, request a change of address form by phone and mail back the form to the enrollment department, mail in a written request to update your address to Pawnee Nation Enrollment, P.O. Box 470, Pawnee, OK 74058 or you may e-mail a request to update an address to enrollment@pawneenation.org. On your request to update your address for you and/or your child please put full name, date of birth and enrollment number.

If you have any questions please e-mail or call the Enrollment Department at 918/762-3624.

Carrie Peters
Enrollment Manager

THE CENSUS NEEDS THOUSANDS OF PEOPLE IN OKLAHOMA TO FILL JOBS

The US Census Bureau will hire thousands of people throughout the state of Oklahoma between now and next spring. This strong economic shot in the arm is like having several factories open up in the state! Up to a total of approximately 5,000 people will be on staff during peak times.

"This is the largest civilian mobilization of workers in the history of the United States" said Dennis Johnson, Regional Director.

These are good paying, temporary jobs for the field positions of Re-

cruiting Assistants, Crew Leaders, Crew Leader Assistants, Census Takers and Census Clerks. Amount of pay depends on position and location. Work related mileage is reimbursed. There may be some opportunities for advancement.

Positions are available in every community.

The U. S. Census Bureau encourages interested persons to apply for these jobs by calling the Toll Free Jobs Line at 1-866-861-2010.

PAWNEE NATION OF OKLAHOMA ENROLLMENT DEPARTMENT CHANGE OF ADDRESS AUTHORIZATION

Date: _____ Date of Birth: _____

Name: _____

Current Address: _____

Signature of enrolled member or guardian

MAIL TO: P.O. BOX 470, PAWNEE, OK 74058

CHATICKS SI CHATICKS

PUBLISHED BY

The Pawnee Nation of Oklahoma

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**IF YOU SEE AN ERROR IN ONE OF OUR STORIES,
PLEASE BRING IT TO OUR ATTENTION.**

**YOU MAY CONTACT US BY PHONE AT
918-762-3621 X 25. BY E-MAIL AT
COMMUNICATIONS@PAWNEENATION.ORG
OR BY MAIL AT PO BOX 470, PAWNEE, OK 74058.**

PAWNEE NATION GREEN

Help the Pawnee Nation go green and save green!!! Tribal members are encouraged to sign up for e-Chaticks, an e-mail version of the print newsletter. Through e-Chaticks, you will help the environment by saving paper and help the Pawnee Nation reduce its printing and postage costs. Plus, you will receive your e-Chaticks newsletter via e-mail several days before the paper edition is delivered by snail mail!

To sign up for e-Chaticks, please send an e-mail to communications@pawneenation.org.



STONEWOLF

CASINO & GRILL

LOCATED AT THE INTERSECTION OF CIMARRON TURNPIKE & HIGHWAY 18.

**OPENING
SOON**